1. Contact Information

<table>
<thead>
<tr>
<th>Course Director</th>
<th>Name</th>
<th>Department</th>
<th>Office</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeanne Rupert DO PhD</td>
<td>Clinical Education</td>
<td></td>
<td></td>
<td>509.249.7991</td>
<td><a href="mailto:Jrupert@pnwu.edu">Jrupert@pnwu.edu</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Support Staff</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Education</td>
<td></td>
<td><a href="mailto:rotations@pnwu.edu">rotations@pnwu.edu</a></td>
</tr>
</tbody>
</table>

2. Course Description/Overview

The Health Advocacy Elective Rotation serves as an introduction to health policy and advocacy. The learner will gain skills to understand health systems and advocate for improvements at the local, state or national level. The rotation provides dedicated time for knowledge acquisition through engagement in online curricula, and for practical advocacy engagement with local representatives, community advocacy sites, state legislatures or other determined sites under the direction of a faculty mentor (preceptor). A preceptor must be identified (with prior approval from the Course Director) to supervise the student’s activities during this rotation. Selected advocacy topics must have approval of the Course Director and the student’s preceptor.

3. Course Purpose/Goals

The objective of the Health Advocacy Elective Rotation is to provide the student exposure to health policy and advocacy issues including, but not limited to ensuring access to care, navigating health systems, mobilizing resources, addressing social determinants of health and health inequities, influencing health policy and creating systems change. The goal of the rotation is to provide the student with professional knowledge and skills for entering residency.

Nationally, there is a move to utilize EPAs to ascertain a student’s residency preparedness.
4. Entrustable Professional Activities (EPAs)

<table>
<thead>
<tr>
<th>EPAs</th>
<th>Description of Activity</th>
<th>Domains of Competence</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPA 1: Gather a history and perform a physical examination including an osteopathic structural exam as appropriate.</td>
<td>Osteopathic medical students should be able to perform an accurate, complete or focused history and physical exam in a prioritized, organized manner without supervision and with respect for the patient. The history and physical examination should be tailored to the clinical situation and specific patient encounter. This data gathering and patient interaction activity serves as the basis for clinical work and as the building block for patient evaluation and management. Learners need to integrate the scientific foundations of medicine with clinical reasoning skills to guide their information gathering.</td>
<td>- Patient Care&lt;br&gt;- Knowledge for Practice&lt;br&gt;- Interpersonal and Communication Skills&lt;br&gt;- Professionalism&lt;br&gt;- Osteopathic Principles and Practice (OPP)</td>
</tr>
<tr>
<td>EPA 2: Prioritize a differential diagnosis following a clinical encounter (musculoskeletal considerations that may lead to somatic dysfunction.)</td>
<td>To be prepared for the first day of residency, all osteopathic medical students in training need to be able to integrate patient data to formulate an assessment, developing a list of potential diagnoses that can be prioritized and lead to selection of a working diagnosis. Developing a differential diagnosis is a dynamic and reflective process that requires continuous adaptation to avoid common errors of clinical reasoning such as premature closure.</td>
<td>- Patient Care&lt;br&gt;- Knowledge for Practice&lt;br&gt;- Practice-Based Learning and Environment&lt;br&gt;- Interpersonal and Communication Skills&lt;br&gt;- Personal and Professional Development&lt;br&gt;- Osteopathic Principles and Practice (OPP)</td>
</tr>
<tr>
<td>EPA 3: Recommend and interpret common diagnostic and screening tests</td>
<td>This EPA describes the essential ability of the day one resident to select and interpret common diagnostic and screening tests* using evidence-based and cost-effective principles as one approaches a patient in any setting</td>
<td>- Recommend first-line, cost-effective diagnostic&lt;br&gt;- evaluation for a patient with an acute or chronic common disorder or as part of routine health maintenance.&lt;br&gt;- Provide a rationale for the decision to order the test.&lt;br&gt;- Incorporate cost awareness and principles of cost-effectiveness and pre-test/post-test probability in developing diagnostic plans.</td>
</tr>
</tbody>
</table>
| EPA 4: Enter and discuss orders and prescriptions and applicable Osteopathic treatments. | Writing safe and indicated orders is fundamental to a physician's ability to prescribe therapies or interventions beneficial to patients. It is expected that Osteopathic medical students will be able to do this without direct supervision when they matriculate to residency. Entering students will have a comprehensive understanding of some but not necessarily all of the patient's clinical problems for which they must provide orders. They must also recognize their limitations and seek review and guidance for any orders and prescriptions they are expected to provide but for which they do not understand the rationale. The expectation is that learners will be able to enter safe orders and prescriptions in a variety of clinical settings (e.g., inpatient, ambulatory, urgent, or emergent care). | • Interpret the results of basic diagnostic studies (both lab and imaging); know
• Common lab values (e.g., electrolytes).
• Understand the implications and urgency of an abnormal result and seek assistance for interpretation as needed.
• Elicit and consider patient preferences in making recommendations.
• Clinical Experiences
• Presentations
• COMAT |

| EPA 5: Document a clinical encounter in the patient record. | Osteopathic medical students should be able to provide accurate, focused, and context-specific documentation of a clinical encounter in either written or electronic formats. Performance of this EPA is predicated on the ability to obtain information through history, using both primary and secondary sources, and physical exam in a variety of settings (e.g., office visit, admission, discharge summary, telephone call, and email). | • Patient Care
• Knowledge for Practice
• Practice-Based Learning and Environment
• Interpersonal and Communication Skills
• Professionalism
• Osteopathic Principles and Practice (OPP) |

| EPA 6: Provide an oral presentation of a clinical encounter. | Osteopathic medical students should be able to concisely present a summary of a clinical encounter to one or more members of the health care team (including patients and | • Practice-Based Learning and Environment |
families) in order to achieve a shared understanding of the patient’s current condition. A prerequisite for the ability to provide an oral presentation is synthesis of the information, gathered into an accurate assessment of the patient’s current condition.

**EPA 7**: Form clinical questions and retrieve evidence to advance patient care.

It is crucial that students be able to identify key clinical questions in caring for patients, identify information resources, and retrieve information and evidence that will be used to address those questions. Osteopathic medical students should have basic skill in critiquing the quality of the evidence and assessing applicability to their patients and the clinical context. Underlying the skill set of practicing evidence-based medicine is the foundational knowledge an individual has and the self-awareness to identify gaps and fill them.

**EPA 8**: Give or receive a patient handover to transition care responsibility.

Effective and efficient handover communication is critical for patient care. Handover communication ensures that patients continue to receive high-quality and safe care through transitions of responsibility from one health care team or practitioner to another. Handovers are also foundational to the success of many other types of interprofessional communication, including discharge from one provider to another and from one setting to another. Handovers may occur between settings (e.g., hospitalist to PCP, pediatric to adult caregiver, discharges to lower-acuity settings) or within settings (e.g., shift changes).

**EPA 9**: Collaborate as a member of an interprofessional team.

Effective teamwork is necessary to achieve the Institute of Medicine competencies for care that is safe, timely, effective, efficient, and equitable. Introduction to the roles, responsibilities, and contributions of individual team members early in professional development is critical to fully embracing the value that teamwork adds to patient care outcomes.

**EPA 10**: Recognize a patient requiring urgent or emergent care and initiate evaluation and management.

The ability to promptly recognize a patient who requires urgent or emergent care, initiate evaluation and management, and seek help is essential for all physicians. New residents in particular are often among the first responders in an acute care setting, or the first to receive
The EPAs specifically addressed by this elective rotation are:

<table>
<thead>
<tr>
<th>Course Learning Objectives</th>
<th>Methods of Assessment</th>
<th>Learning Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPA 7: Form clinical questions and retrieve evidence to advance patient care</td>
<td>Preceptor feedback, online quizzes, writing assignments, oral presentation, preceptor evaluation</td>
<td>Directed study, completion of online modules, videos, meetings with local representatives and advocacy groups</td>
</tr>
<tr>
<td>EPA 9: Collaborate as a member of an inter-professional team</td>
<td>Preceptor feedback, online quizzes, writing assignments, oral presentation, preceptor evaluation</td>
<td>Directed study, completion of online modules, videos, meetings with local representatives and advocacy groups</td>
</tr>
</tbody>
</table>
5. Course Format and Logistics

Teaching for this elective rotation is presented through online coursework. Links to required modules can be found here:

- STFM Advocacy Modules: [STFM Advocacy Modules](#)
- EdX United States Health Policy Course: [EdX US Health Policy Course](#)
- EdX Fundamentals of Advocacy in Health Policy: [EdX Fundamentals of Advocacy Course](#)
- Project Implicit: [Implicit Bias Testing](#)

For research and selection of an advocacy topic, see [https://www.apha.org/topics-and-issues](https://www.apha.org/topics-and-issues) or choose from the list below:

- Climate change
- Chronic disease
- Social determinants of health
- Food insecurity, food bank
- Affordable Housing, rental assistance, shelter
- Occupational health
- Gun violence
- Substance use disorders
- Reproductive health/women's rights
- Human trafficking
- Domestic violence
- Sexual assault
- Immigrant health/rights
- LGBTQ health/rights
- Mental health, support groups
- Legal assistance
- People with disabilities health
- Geriatric/senior health
- End of life care (Death with Dignity Act)
- Veterans Health
- Native American Health
- Environmental Health (pollution, clean energy, safe areas to walk/exercise, pesticide use and effects)

Depending on topic selection, additional coursework (online didactics, directed study) may be assigned.

6. Course Calendar/Schedule

<table>
<thead>
<tr>
<th>Learning Activity Date</th>
<th>Subject Matter/Description</th>
<th>Learning Activity Type (Lab, Lecture, etc.)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Explore topics for consideration: <a href="https://www.apha.org/topics-and-issues">https://www.apha.org/topics-and-issues</a></td>
<td>Research online</td>
<td>Variable</td>
</tr>
<tr>
<td>Week 1</td>
<td>Complete STFM Advocacy Modules 1-5: <a href="#">STFM Advocacy Modules</a> 1. Getting Started in Advocacy 2. Prepare and Make Contact 3. The One Pager 4. The Visit 5. Maintaining the Relationship</td>
<td>Directed Study, End-of-module online quizzes</td>
<td>1 hour</td>
</tr>
<tr>
<td>Week 1</td>
<td>Implicit Bias: <a href="#">Implicit Bias Testing</a> Choose and take 3 Implicit Bias Tests</td>
<td>Directed Study, online tests</td>
<td>1 hour</td>
</tr>
</tbody>
</table>
### Required Videos
- TEDx talk, A Recipe for Health Equity in the 21st Century, Dr. Renaisa Anthony (18 minutes) [https://www.youtube.com/watch?v=ywQJGnzQKQs](https://www.youtube.com/watch?v=ywQJGnzQKQs)
- TEDx talk, A traditional Lakota approach to health equity, Dr. Donald Warne (19 minutes) [https://www.youtube.com/watch?v=3phTundazQ](https://www.youtube.com/watch?v=3phTundazQ)
- TEDx talk, Social Determinants of Health, Dr. Claire Pomeroy (15 minutes) [https://www.youtube.com/watch?v=qykD-2AXKtU](https://www.youtube.com/watch?v=qykD-2AXKtU)
- IHI Triple Aim & Social Determinants of Health (4 minutes) [https://www.youtube.com/watch?v=OTy50RsSCTs](https://www.youtube.com/watch?v=OTy50RsSCTs)
- IHI What is Health Equity, and Why does it Matter? (4 minutes) [https://www.youtube.com/watch?v=CwBEkGurM1Y](https://www.youtube.com/watch?v=CwBEkGurM1Y)

### Optional website resources for further exploration on Social Determinants of Health & Health Equity
- Institute for Healthcare Improvement (IHI) [http://www.ihi.org/](http://www.ihi.org/)
- CDC Social Determinants of Health Research [https://www.cdc.gov/socialdeterminants/index.htm](https://www.cdc.gov/socialdeterminants/index.htm)

### By end of Week 1

**Reflection 1:** Social Determinants of Health
Reflect on how implicit biases may influence social determinants of health, and contribute to health inequalities. Identify possible actions you can take to address implicit bias and promote health equity in your community.

**Writing Assignment**

**Variable**

### Weeks 1 - 2

**EdX Course: United States Health Policy**

**EdX Fundamentals of Advocacy in Health Policy**

**Weeks 1 - 2**

**EdX US Health Policy Course**
- Session 1.1: Intro to US Health Policy, 9 topics
- Session 2.1: Medicare Parts A and B, 5 topics
- Session 2.2: Medicare Parts C and D, 6 topics
- Session 3.1: Medicaid, Part 1, 8 topics
- Session 3.2: Medicaid, Part 2, 5 topics
- Session 4.1: Basics of Health Care Financing and Payment, 6 topics
- Session 4.2: Private Health Insurance, 7 topics
- Session 5.1: Quality and the Challenges in High Quality Care, 4 topics
- Session 5.2: Addressing Challenges in Quality, 4 topics
- Session 6.1: Long-term Care Basics, 7 topics
- Session 6.2: Behavioral Health Policy, 5 topics
- Session 7.1: Pharmaceutical Policy, 7 topics
- Session 7.2: US Public Health Policy, 8 topics
- Session 8.1: Health Care Workforce, 6 topics
- Session 8.2: Medical Liability as a Health Policy Issue, 7 topics
- Session 9.1: Public Opinion and US Health Policy, 4 topics
- Session 9.2: Oral Health Policy, 6 topics
- Session 10.1: Global Context of US Health Policy, 7 topics

**Directed Study, End-of-topic online assessments**

**50 hours**

**Weeks 1 - 2**

**EdX Fundamentals of Advocacy Course**
- Advocacy
- Culturally Competent Evidence Based Advocacy Strategies

**Directed Study, End-of-topic online assessments**

**10-20 hours**
| Week 1 | **Advocacy Activity 1:** Find City Council Webpage and attend City Council meeting (if not possible watch recording online/review recent topics)  
**Reflection 2:** City Council & Community Health, write a 1-page reflection on what you learned from the experience | Meeting, Writing assignment | Variable |
<table>
<thead>
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<tbody>
<tr>
<td>Week 2</td>
<td><strong>Topic Selection:</strong> Inform preceptor of chosen advocacy topic. Topic must be approved by preceptor and Course Director. Write a one-page paper that explains why you chose the topic, and identifies 3 local agencies addressing your chosen advocacy topic.</td>
<td>Directed Study, Writing assignment</td>
<td>Variable</td>
</tr>
<tr>
<td>By end of Week 2</td>
<td>Identify non-profits in the area related to your topic and contact 1-3 of them, or alternatively, contact the public health department. Arrange a meeting with a staff member at a non-profit/public health department to discuss how your topic affects your local community. Discuss talking points with preceptor prior to meeting.</td>
<td>Directed study</td>
<td>Variable</td>
</tr>
</tbody>
</table>
| By end of course | **Advocacy Activity 2:** Meet with a local non-profit/public health department to discuss your topic.  
**Reflection 3:** Health Advocacy Local Resources – reflect on what you learned about advocacy for your topic from your meeting. | Meeting, Writing assignment | Variable |
| Week 3 | **Advocacy Activity 3:** Find district legislator’s name and address/Find US legislators for your state. Read what committees they serve on and what past legislation relevant to your topic they have written or co-sponsored. Read about policy related to your topic on the community or state level. Discuss talking points with preceptor prior to meeting with legislators. | Directed Study | Variable |
| By end of week 3 | Complete The One Pager (review STFM Advocacy Module 3)  
For more direction or if you would like to write a piece longer than a one-pager, please read “How to Write a Health Policy Brief”  
| By end of course | **Advocacy Activity 4:** Meet with local representative – city council or state level, to discuss your topic and one pager. If it is impossible to meet in person, send an email to your representative discussing the issue. | Meeting | Variable |
| By end of course | **Advocacy Activity 5:** Give an oral presentation on your topic/what you learned from the course at didactics or to a preclinical club | Oral presentation, 20 minutes | Variable |
| By end of course | **Advocacy Activity 6:** Write an opinion-editorial and submit to local newspaper, or write a blog post and submit to The DO, PNWU blog, AAFP Blog (or similar) about your topic and experience  
For more direction on writing an opinion-editorial (or OpEd), please view  
“’How To Write an Editorial”  
“Tips For Aspiring Op-Ed Writers”  
| By end of course | **Reflection 4:** reflect on what you learned during this health advocacy elective, how it will impact your future clinical practice and professional goals, and how this course could be improved | Writing assignment | Variable |

6. **Course Format**

This rotation is organized into weeks, scheduled from Monday of the first day through Sunday of the last day. Students must identify a preceptor for this rotation at least 2 weeks prior to starting – if needed, contact Dr. Sorrells for assistance in identifying a suitable mentor.

Rev. Date: 05.04.2023mnb
The approximate schedule for this rotation is highlighted above. The rotation is designed as an independent advocacy elective with no required attendance, but effort should be a minimum of 40 hours per week. Communicate with your preceptor with any questions, or for guidance on reflections and other course deliverables.

The Clinical Didactics longitudinal course takes place over the third and fourth years of medical school. It consists of two hundred hours of educational activities. Faculty-led components will be held on Wednesday afternoons. Attendance and completion of assigned tasks will be tracked and will be reviewed with the student’s Assistant Dean on a periodic basis. Successful completion of the Clinical Didactics course is required for graduation. Details for educational activities will be shared with students on a weekly basis.

7. **Course Logistics**

All writing assignments, and the slides/outline for your oral presentation should be submitted via Moodle. Keep a daily work log reflecting your readings and activities in E*Value. Completion of all online assessments associated with the STFM online modules and EdX coursework should be logged in E*Value.

8. **Learning Assessment**

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Type</th>
<th>Due Date</th>
<th>Pass/Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflection 1</td>
<td>Writing Assignment</td>
<td>End of Week 1</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Reflection 2</td>
<td>Writing Assignment</td>
<td>End of course</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Advocacy topic selection</td>
<td>Inform Preceptor, One-page draft paper</td>
<td>End of Week 2</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Reflection 3</td>
<td>Writing Assignment</td>
<td>End of course</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>The One Pager</td>
<td>Writing Assignment</td>
<td>End of Week 3</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Oral Presentation</td>
<td>Submit slides and/or outline</td>
<td>End of course</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Opinion-Editorial or Blog</td>
<td>Writing Assignment</td>
<td>End of course</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Reflection 4</td>
<td>Writing Assignment</td>
<td>End of course</td>
<td>Pass/Fail</td>
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</table>

**Summative Assessments**

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Pass/Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preceptor Evaluation of Student Performance</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Attendance/Participation (any unexcused absence constitutes a fail)</td>
<td>Pass/Fail</td>
</tr>
</tbody>
</table>

Grades for this course are Pass/Fail. All assessments must have a grade of “Pass” to pass a rotation. Any of the summative assessments with a “Fail” will require remediation of the rotation. Students who have not completed the rotation satisfactorily will be referred to Student Progress Committee for determination of remediation.

9. **Exam Policy**

No end-of-service examinations are given by PNWU during electives. Students in their fourth year should be preparing for COMLEX 2 CE & PE during their rotations.
10. Course Textbooks & Supplies

<table>
<thead>
<tr>
<th>Required Textbooks</th>
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</thead>
<tbody>
<tr>
<td><strong>Title/ISBN</strong></td>
</tr>
<tr>
<td>None. Refer to links above. Preceptor may recommend additional reading materials.</td>
</tr>
</tbody>
</table>

11. Student Roles and Responsibilities

Links to current Student Catalog and Student Handbook:

https://www.pnwu.edu/students/student-catalog

https://www.pnwu.edu/students/student-handbook

**a. Student Professionalism**

Professional behavior is expected at all times during this course. It is important that students learn to discuss topics of a sensitive nature in a caring and professional manner. Use of cell phones or texting during class is prohibited. For further clarification of student professionalism expectations, see Student Catalog.

**b. Honor Code**

The highest standards of academic honesty are required of all PNWU-COM students at all times. It is expected that no PNWU student will be dishonest in any way, or give the impression of dishonest behavior, nor will PNWU students tolerate dishonesty in others. Disciplinary action may occur as a result of failure to comply with these standards.

**c. Academic Support**

Students who are having difficulty meeting the requirements of this course should discuss it with their Assistant Dean whenever a problem arises. Students in need of peer tutorial assistance are directed to contact the Learning Skills Specialist on campus through Student Affairs. Though Student Affairs strives to accommodate all tutorial assistance requests, priority will be given to students who demonstrate need based on their academic performance.

The most successful students will practice the following behaviors:

**First day**

- Share contact information with the preceptor and learn what expectations of communication are.
- Ensure the preceptor has a copy of the PNWU syllabus for the course.
- Ask about the regular schedule, and notify the preceptor if there are any excused absence days.

**Daily**

- Be on time and prepared with what is needed.
- Read or do modules as assigned.
- Log every day the items you worked on. Be sure to verify completion of any online assessments in E*Value.
- Be prepared to assist in any opportunities that present.
- Be enthusiastic. No matter what your area of future specialization is in your interest, a student will be exposed to cases and situations that may not be seen again in their career.
Weekly

- Participate.
- Be prepared.

- Ensure progress towards your health advocacy topic goals.
- Review progress on logs and check-in with the growth of your understanding.

End of Rotation

- The student should ask for a final review of his/her performance during the last week of the rotation. Students should be receiving feedback from the preceptor informally daily on performance and areas needing improvement. Supplying the preceptor with a paper copy of the evaluation will help secure completion of the evaluation while the student’s performance is fresh in the preceptor’s mind. If the student has felt especially positive about the interactions, the student should consider asking the preceptor if he/she would be willing to write a strong letter of recommendation.