

# NEWSLETTER

Office of IPE, CE, and the HRSA PCTE Grant Newsletter

June 2020

## An Inside Perspective of IPE in These Trying Times

For about a year, I have had the privilege of serving on the YVIEPEC Internal Advisory Council. This is a monthly gathering of impressive professionals to say the least. At our last meeting, it was Dr. Christina Nyirati and Dan Ferguson, MS that lead our discussion around the collective sadness we are feeling for our students and current circumstances.

This pandemic is unpredictable, sustained, and uncontrollable. These elements leave us with a sense of anticipatory grief, and at times, dread. It is not uncommon for any of us to experience feelings of fear, depression, or anxiety. These feelings are understandable but can lead to isolation and a sense of helplessness if left unattended. Now, more than ever, the interdisciplinary team is essential for support to aid growth and resilience, even in the world of academia. We need to urge our colleagues (on or behind the healthcare frontline) to practice self-care and use supportive resources that are available.

I was struck by how much lighter I felt after our meeting and was reminded of the value of camaraderie. While our meeting occurred via zoom, we were connected. Being able to see engaging faces is still meaningful and reassuring. I left with gratitude. Gratitude, the change agent to adversity even when it comes in the form of a global virus.

Lisa Vickers, MN, ARNP-BC  
WSU College of Nursing  
[Community Resources Link](#)



*One of the subtle benefits of an interprofessional approach to healthcare is the opportunity to share, not only opinions and perspectives, but feelings as well.*

*Pictured Left to Right: Kara Kozemzak, Lisa Vickers, Randy Wyatt*

### IPE Highlights:

*The Office of IPE/CE is located on the first floor of the Watson Building.*

*We provide the administrative and clerical support for Interprofessional Education and Continuing Education activities. IPE is also facilitated through the Yakima Valley Interprofessional Practice and Education Collaborative (YVIEPEC) across four academic institutions and eight healthcare educational programs.*



## *In This Issue*

- An Inside Perspective of IPE
- Healthcare Leadership Summer Course
- WSU Nursing to Campus
- Concept Corner
- Podcast Series

## WELCOME WSU Nursing

The Washington State University (WSU) College of Nursing in Yakima will relocate this summer to the campus of Pacific Northwest University of Health Sciences (PNWU), becoming part of a growing center of interprofessional health care education in the Yakima Valley.

The move will encourage greater educational partnership between WSU nursing students and osteopathic medical students from PNWU. Greater collaboration will also occur with the WSU College of Pharmacy and Pharmaceutical Sciences, which has operated a program there since 2015. "The cross-institutional education of students entering health care fields continues to flourish with collaborations such as this one with Washington State University," explained Ed Bilsky, PhD, PNWU's provost and chief academic officer. "The close proximity of the programs and investment in state-of-the-art training facilities allows us to build in more educational programming and clinically-relevant, hands-on training activities." [Continue reading](#)

We at the YVIEEC are overjoyed to have our nursing students join us on the PNWU campus.

For the Full Yakima Herald article click [HERE](#)

### Healthcare Leadership Summer Course

All healthcare students, faculty, and staff (both PNWU and non-PNWU registrants) are invited to join in our *Leadership in Healthcare* summer elective course, hosted online through PNWU. This course is designed to provide you with the foundational elements of effective leadership within the healthcare environment. This course is aimed at all individuals who are part of healthcare, irrespective of their position or level in the hierarchy. Our belief is that everyone has the potential to be a leader in their circle of influence and that all have an important voice that needs to be heard within the team. The course uses two textbooks, *The Leadership Challenge* by Kouzes and Posner, and *Leadership: Theory, Application & Skill Development* by Lussier and Achua. The Lussier and Achua book has valuable self-assessments on various aspects of leadership and will be an important tool in your self-discovery and awareness of current strengths and areas of growth. Come join us! Limited Registration.

Registration Links:

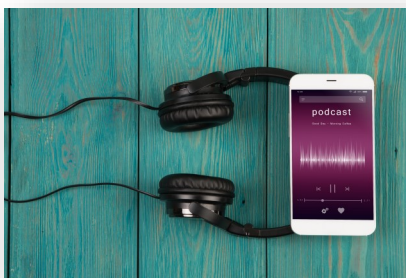
**PNWU Students, Faculty and Staff** [HERE](#)

**Non-PNWU Students, Faculty and Staff** [HERE](#)

## Podcast Series

The IPE department is producing an ongoing series of podcasts featuring different aspects of interprofessional education, collaboration and leadership. Interviewees include faculty leaders, community leaders and national experts. We hope that you will dive into concepts, ideas, and information to help support, inform and start collaborative conversations within your team. If you would like to join in on the discussion please feel free to reach out to us at [ipe@pnwu.edu](mailto:ipe@pnwu.edu)

Currently our published list is found [here](#).



## Concept Corner

### Bounded Rationality

Bounded rationality is an interesting, but somewhat complex and broad, concept in philosophy and economic theory. In its simplest form, it is the natural limitation of humans to make decisions that are less than perfect due to their constrained cognitive capacities. Wouldn't it be great if each one of us could make perfect decisions each and every time that resulted in a maximal benefit to us and everyone associated with us? Somewhat of a utopian world, right? But, we all know, that is not likely to happen.

Bounded rationality explains (in theory) why that rarely ever happens. As humans, we are bound by our beliefs, our preferences, our past experiences, our time limitations, and what we are hopeful for when making decisions. Most, if not all, of our decisions are based upon these influences and, generally, we cannot foretell what consequences these decisions will have for us in the future.

The concept of bounded rationality was introduced in the 1950s by Herbert Simon of the University of Pittsburgh and has since helped us to understand human behavior and why we have such natural limitations. Being aware of our human limitation in cognitive function is important when we are making important decisions. This is one reason why an interprofessional collaborative approach to healthcare is important – to help us in our decision-making by involving others to contribute to our proposed solutions. Varying perspectives and sourcing others' viewpoints enables an expansion of our collective cognitive capacities.

### Our Team

Keith Monosky, PhD  
Executive Director, IPE/CE/HRSA

Melissa Holm  
Manager, IPE/CE/HRSA

Laurene Enns, MA  
Research Analyst Assistant and Servant Leadership/IPE Coach, IPE/HRSA

Kathleen Carrillo  
Administrative Assistant IPE/HRSA

Rachel Hagler  
Administrative Assistant IPE/CE

**Contact Us:** Email: [IPE@PNWU.EDU](mailto:IPE@PNWU.EDU)