Rugg Lab Find More Complexity in Aging Brain’s Memory Decline

Researchers discovered that brain correlates of age-related memory decline are more complicated than previously believed, a finding that could affect efforts to preserve cognitive health in older people...
Dear Friends,

I'm happy to report that we are ending this academic year on a high note! There's never been a more exciting time to be part of the CVL with new research, new faculty and fellows, and two big events behind us. As we head into the summer months, we will be busy planning for the 2025 Dallas Aging & Cognition Conference, a biannual conference that draws international researchers to Dallas to share the latest scientific findings on aging and cognition across the lifespan. As this academic year ends, I want to thank you for your continued support of our research. The progress we make is in no small part because of the people who champion our efforts. Our success is your success and helps lead us one step closer to our continued mission of cognitive health for life. Thank you to all of our friends and supporters, and happy (almost) summer!

Sincerely,
Dr. Michael Rugg
Director, Center for Vital Longevity

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**Research**

**Study: Peer Pressure Lasts into Adulthood**

Dr. Kendra Seaman's lab recently examined the battle between self-control and peer pressure in the over-18 crowd...

[Read more](#)

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**People**
Remembering Nancy O'Neil
CVL mourns the passing of longtime supporter, Nancy O'Neil with a legacy of wisdom and generosity.

Read more

EVENTS

CVL Hosts Aging & Mental Health Symposium
Scientists share groundbreaking research and discoveries on the intersection of cognitive aging and psychiatric disease.

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WATCH

Hearing & Brain Loss
Hearing loss expert, Dr. Frank R. Lin, MD, discusses his pivotal research focused on the profound implications of adult hearing loss and its connection to brain health.

Watch now

PEOPLE
New External Fellows
The CVL announces four new external fellows whose research and expertise will contribute significantly to the center’s ongoing mission of cognitive health for life.

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EVENTS

Total Eclipse
Nestled in the heart of Dallas, the CVL's offices dished up views that would make even the stars jealous during the 2024 eclipse. Check out our pics!

See More

Want to get involved?
If you would like to participate in a study, click below to contact a lab. Your participation allows the CVL to fulfill its mission of cognitive health for life!

PARTICIPATE
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