Basak Wins Big
Dr. Chandramallika Basak's brain training games takes first place at UT Dallas' Big Idea Competition, moves into startup launch...
Dear Friends,
What a relief to welcome the fall and say goodbye to the summer's triple-digit heat. We have a lot going on this semester at the CVL. We will be kicking off our Jean and Bill Booziotis Distinguished Lecture with Dr. Ralph Adolphs on November 1 which is a free, public event. Dr. Adolphs is a world-renowned social neuroscientist. He will be presenting Social Cognition, Autism, and the Human Brain. We will also be gearing up to host our bi-annual symposium early in the new year. I am also excited to share our Annual Review with you in this newsletter. Inside, you will see all of the tremendous work and progress that came out of the CVL during 2023. Thank you for your continued support of our research.

Sincerely,
Dr. Michael Rugg
Director, Center for Vital Longevity

EVENTS

Booziotis is Back
World-renowned researcher, Dr. Ralph Adolphs will present Social Cognition, Autism, and the Human Brain during the Booziotis Distinguished Lecture in November.

Register now
Rugg Lab Receives $3 Million to Study Age-Related Memory Decline
The new funding will allow the team to expand their recent work on neural selectivity.

Read more

New Study: How Cardio Fitness, Exercise Counteract Cognitive Decline
Dr. Chandramallika Basak discusses why age is only one marker of cognitive health.

Read More

Building Roadblocks Against Alzheimer's Disease
A geographer & neuroscientist team up to investigate whether frequent use of the spatial navigation region of the brain might help fend off Alzheimer’s disease.

Read more
It's here!
The 2023 Annual Review is here. Inside you'll find reports from the CVL's seven labs, exciting announcements and highlights from all the events in 2023.

Read more

Want to get involved?
Our labs are ramping up in-person data collection – with appropriate safety precautions – on participants of all ages. If you would like to participate in a study, click below to contact a lab. Your participation allows the CVL to fulfill its mission of cognitive health for life!

PARTICIPATE