CARDIOVASCULAR SCREENING EVENT
SIGN UP TODAY!

February 15, 16, & 29, 2024 - HR Live Oak Conference Room, AD 3.418Q
February 27, 2024 - The Losinger Conference Room, CBH 1.504

Screening will be from 9am - 5pm and is covered with no out-of-pocket cost for employees on the UTD insurance plan.

Cardiovascular screenings can help identify potential risk that could lead to a stroke or heart attack

- **Screening includes:**
  - Carotid ultrasound – screens for plaque in the carotid arteries to detect and help prevent strokes. (noninvasive)
  - Duplex ultrasound of extremities - screens for narrowing or blockage in the lower extremities.

- **Risk factors include** (does not include all risk factors):
  - High blood pressure or cholesterol
  - Family history of heart disease or stroke
  - Sedentary lifestyle
  - Age 40 and over
  - High fat diet / Obesity
  - Diabetes
  - Smoking

*Note:* This screening goes beyond your regular physical. It is an actual photo of your arteries to check for signs of plaque buildup.

How to schedule your appointment:

- To secure your appointment time email ccosey@premiercorporatewellness.com with questions.
- We will contact you for insurance information and send paperwork that needs to be completed.
- Day of the appointment – bring a copy of your insurance card, photo ID and paperwork.
  (Please bring a photocopy of your cards that we can keep.)