

Lora N. Day, MA, RD/LD  
*VITA*

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**PROFESSIONAL EXPERIENCE**

*Master of Clinical Nutrition Program*  
*University of Texas Southwestern Medical Center*  
*Clinical Instructor, 8/08-present (20 hrs/wk)*

Provide didactic instruction in clinical nutrition to dietetics students, supervise clinical practicum experiences, assist with curriculum planning, participate in faculty committees.

*Lecturer I, School of Interdisciplinary Studies*  
*University of Texas at Dallas, 2009-present*  
-Instructor for HLTH 1322, Human Nutrition, a 3 credit hour course; adapted course to online format for Fall 2013.

*Adjunct Faculty, School of Merchandising and Hospitality Management*  
*University of North Texas, Denton, 2006-12*  
-Instructor for SMHM 1450, Introductory Nutrition, a 3 credit hour online course

*Parkland Health & Hospital Systems, Dallas, Texas*  
*Advanced Practice Dietitian, Adult Care and Nutrition Support Team, 1997-8/08*  
-Provide nutrition assessment and support services for medically complex patients at 950 bed public teaching hospital. Consult with medical and ancillary staff.  
-Serve as nutrition support team member and assist in coordination of NST rounds, training and precepting staff and students, developing and revising policies and protocols, liaison with Attending and Pharmacy staff, discussion of pertinent literature topics.  
-Serve on Nutrition Support Advisory committee.  
-Created proposal for and co-chaired 1st annual full day regional clinical nutrition seminar hosted by Parkland: "*Current Topics in Clinical Nutrition*", 9/6/03, subsequent seminar planning committee volunteer.  
-Participate in special clinical nutrition projects and related activities.

*Clinical Nutrition Manager, Parkland, 1990-97*  
-Managed clinical nutrition services and 20 professional staff, including development and implementation of policies and procedures, quality improvement program, patient education materials, training, accountability and productivity mechanisms. Coordinator of nutrition support team and nutrition support advisory committee.

*Chief Clinical Dietitian positions, 1987-90*

Providence Hospital, Waco, Texas

Saint Joseph Hospital, Denver, Colorado

*Food and Nutrition Services Director, 1983-87*

Round Rock Hospital, Round Rock, Texas

-Opened department in new facility. Directed and managed all departmental operations.

*Food and Nutrition Services Director, 1982-83*

Rio Grande Regional Hospital, McAllen, Texas

-Opened department in new facility. Directed and managed all departmental operations.

*Nutrition Programs Director, 1980-82*

South Texas Independent School District, Edinburg, Texas

-Managed nutrition programs for a special referral school district affiliated with Texas MHMR, with a residential facility and a vocational foodservice training program.

*Clinical Dietitian, 1979-80*

Edinburg General Hospital, Edinburg, Texas

*Consultant/Instructor, 1979-90*

-Provided services in a variety of settings, including outpatient wellness center, nursing homes, adult day-care center, and MHMR facilities. Instructor of clinical nutrition at University of Texas-Pan American.

## EDUCATION AND CERTIFICATIONS

Master of Arts in Nutrition, 1987

*The University of Texas at Austin (previous last name: Brinley)*

Thesis: Dietary and Supplement Intakes in Active and Sedentary Elderly and Young Women

Bachelor of Science in Dietetics, cum laude, 1979

*Texas Christian University, Fort Worth, Texas*

Certified Nutrition Support Dietitian, #022-131, 1992-2012

Registered Dietitian, American Dietetic Association, #R530740, since 1979

Licensed Dietitian, Texas, #02785

## PUBLICATIONS

Simmons J, Carson J, Day L and Latson B: The effects of lutein and zeaxanthin supplementation on age-related macular degeneration. *The Spectrum (publication of Healthy Aging Practice Group of Academy of Nutrition and Dietetics)* Spring 2014; 11-16.

Travnicek M and Day L. Clinical outcomes associated with fish oil-containing lipid emulsions in critical illness. *Support Line*. 2014; 36(2):12-19

Day LN: Book Review: ADA Pocket Guide to Enteral Nutrition. *Nutr Clin Prac.* 2006; 21:416.

Day LN and Williams R: A Case In Point: Stay or change course? Interpreting clinical information. *Support Line* 2005; 27:18-20.

Day LN: Subjective global assessment: fundamentals of a practical and powerful technique. *Support Line* 2004; 26:3-7.

Langley G, Canada T, Day L: Primer: Acid base disorders and nutrition support treatment. *Nutr Clin Prac* 2003; 18:259-61.

Ireton-Jones CS, George MB, Day L, Zeiter T: Case Problem: Medical nutrition therapy for a patient with Crohn's disease. *J Am Diet Assoc.* 2000; 100:472-75.

Day LN, Inman NN, OBoyle JD: Nutrition support in short bowel syndrome from multiple complications in a cervical cancer patient – poster presentation abstract. *Nutr Clin Prac* 2000; 15:S6.

George MB, Gurevitch W, Canada T, Zeiter T, Day L, McCavit L, Neily J, Barner C: Role of the Dietitian in Parenteral Nutrition Order Writing –poster presentation abstract. *J Am Diet Assoc* 1999; 99(S9): A-78.

Brinley LN (*previous last name*): A simplified communication and tracking tool for metabolic cart services - poster presentation abstract. *Nutr Clin Pract suppl*; 1993.

Bales C, Brinley LN: *Dietary and supplement intakes in active and sedentary elderly and young women* – poster abstract. Am. Gerontological Society Annual Meeting; 1986.

### PROFESSIONAL AFFILIATIONS, PRESENTATIONS AND ACTIVITIES

#### *American Society of Parenteral and Enteral Nutrition, member*

Chapter Reviewer: *Nutrition Support in Adults Core Curriculum*, 2007, American Society of Parenteral and Enteral Nutrition

Speaker: Nutrition Week 2005-American Society of Parenteral and Enteral Nutrition Annual Meeting, Orlando, FL. *Symposium, Monitoring Nutrition Support: Utilizing Clinical Judgment. When You Can't Count on I & O Numbers: Using Clinical Judgment in Challenges of Nutrition Support Monitoring*, 1/31/05

Speaker: Nutrition Week 2004, Las Vegas, NV. *Symposium on Nutrition Assessment. Subjective Global Assessment: Using Clinical Judgment to Assess Nutrition Status*, 2/12/04

Speaker: Nutrition Week 2003, San Antonio, TX. *Roundtable Discussion: Subjective Global Assessment: Fundamentals of a Practical and Powerful Technique*, 1/20/03

ASPEN Website: Member Resource Exchange: *Referenced Guidelines for Acid-Base Disorders and Nutrition Support Treatment*. Posted 4/02

Referenced Questions/Answers Contributor: *ASPEN Nutrition Support Self-Assessment Programs*: Enteral Support, 1999, 2004; Parenteral Support, 1998.

***American Dietetic Association, member***

Professional Journal Reviewer: *Support Line* (Journal of Dietitians in Nutrition Support Practice Group), June 2004-present; Mentor in Writer's Mentoring Program

Dietitians in Nutrition Support Practice Group, member, 2002-present

Invited Speaker, Dietitians in Nutrition Support Annual Seminar, Pasadena CA. *Clinical Application of Subjective Global Assessment, Nutrition Management of Proximal Small Bowel Fistula*, 6/16-6/17/06

Invited Speaker: Texas Dietetic Association Food and Nutrition Conference, Houston, TX: *Subjective Global Assessment: Fundamentals of a Powerful and Practical Technique*, 4/3/03.

Invited Speaker: Texas Dietetic Association Annual Meeting: *Meeting the JCAHO Functional Standards: An Interdisciplinary Team Approach*, 3/96

Chair, Membership Directory 1994-96; Chair, Awards Committee, 1991-93, Dallas Dietetic Association

***Dallas-Fort Worth Hospital Council, volunteer***

Member, Steering Committee for Manual of Nutritional Therapy, 1991-97

-Author, chapter revisions: *Nutrition Assessment of Adults, Enteral Nutrition for Adults, Parenteral Nutrition for Adults*, 2000

-Author with Canada, T, chapter revisions: *Nutrition Assessment of Adults, Vitamin K Restricted Diet, Test Diets*, 1997

***Other Professional Presentations/Activities***

Outstanding Teaching Award, UT Southwestern School of Health Professions, 2012.

Invited Speaker, John Peter Smith Healthcare System, Fort Worth, TX: Clinical Nutrition Skills Program. *SGA and the Nutrition Focused Physical Exam in Nutrition Assessment*. 3.12.14

Invited Speaker, Parkland Health & Hospital System: 3<sup>rd</sup> Annual Fall Clinical Nutrition Seminar, Dallas TX. *When You Can't Count on I & O Numbers: Using Clinical Judgment in Nutrition Support Monitoring.* 9.10.05

Invited Speaker, Sharp Healthcare Corporation Clinical Nutrition Services: Continuing Education Series, San Diego, CA. *Subjective Global Assessment: Focus on Physical Examination,* 5.13.05

Invited Speaker, Magee Rehabilitation Hospital and Nestle Nutrition: Clinical Nutrition Seminar, Philadelphia, PA. *Subjective Global Assessment: Using Clinical Judgment to Assess Nutrition Status,* 6.17.04

Invited Speaker, Baylor Healthcare System Nutrition Support Team Rounds: *Subjective Global Assessment: Using Clinical Judgment to Assess Nutrition Status,* 4.15.04