

MoveUP: Reduce & Reuse Initiative

DONATION GUIDE

Food:

Unopened, Nonperishable, Unexpired

Examples:

- Canned Goods
- Shelf-stable Meals or Beverages (rice, pasta, mac & cheese, instant noodles)
- Boxed Cereals, Oatmeal, Granola Bars, Snacks



Personal Care:

New & Unopened

Examples:

- Shampoo, Conditioner, Body Wash, Bar Soap
- Toothpaste, Toothbrushes
- Feminine Hygiene Products (pads, tampons)



Clothing:

Clean, No Unintentional Stains, Odors, Rips, or Holes

Examples:

- Every day & professional wear for all sizes
- Coats, jackets, sweaters
- Shoes (good condition)



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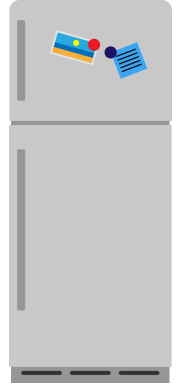
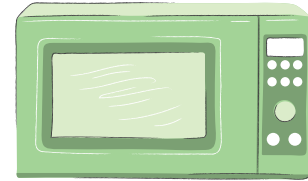
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Furniture & Small Appliances:

Clean & Functional

Examples:

- Lamps, Fans, Vacuums
- Small Tables, Chairs, Nightstands
- Microwaves, Mini Fridges, Coffee Makers
- Dressers, Shelving Units, Desks, Rolling Carts



Bedding & Linens:

Clean, No Stains, Odors, Rips, or Holes

Examples:

- Sheets, Pillowcases, Blankets, Towels



Household & Cleaning Supplies:

New or Gently-Used Items

Examples:

- Detergents, Paper Products
- Trash Bags, Sponges



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Electronics:

Working & Nonworking

Examples:

- Computers, Laptops, TVs, Monitors, Cords
- Computer Components, Wires, Power Strips
- Keyboards, Mice, Printers



Supplies & Miscellaneous:

- Pots, Pans, Utensils, Bowls
- Art/Craft Materials, Books, Games, Rugs
- Storage Containers, Room Decor, Mirrors



*Scan the QR code or visit
the link for more details!*

<https://sites.up.edu/moveup/donate/>



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AND OUR COMMUNITY!**



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