

#### A celebration of bikes: uciRIDEtoberfest

UCI Transportation is excited to host the fifth annual uciRIDEtoberfest: a festival of bikes, good food, and fun! The celebration will take place at the Aldrich Hall Flagpoles on October 15 & 16. Join us to receive hands-on guidance from our League of American Bicyclists certified instructors, race adult-sized tricycles, buy a bike at the used bike fair, and improve your overall biking knowledge. Prize drawings will be available for participants. We look forward to seeing you there!



### Find the Right Bike

Did you know that one of the best ways to improve your riding experience is to have a bike that fits you? First, choose a bike that fits your type of riding. From there, you can choose the frame size and make adjustments for your comfort and efficiency. Learn about some bicycle types and how to adjust your seat height in the video below:



### **Intersection Detection Loops**

The new traffic signals on Bison Avenue at Health Sciences Road and on East Peltason Drive at Engineering Services Road support improved traffic flow and provide safer crossings for bicyclists and pedestrians in the area. These traffic signals have **detection loops** located within the pavement so your bike triggers a green light. Activate the signal by placing your tires to the wires or centering your bike on the bike stencil, then prepare for the signal to change.







## Join BikeUCI Ambassadors!

BikeUCI Ambassadors is our volunteer program for cyclists to share the joys of riding, learn safe cycling practices, mentor and support new riders, create friendships, and most of all, have fun doing what you enjoy: biking! Joining is easy, simply fill out the membership form and receive an exclusive Ambassador membership shirt. For this new academic year, we created many great programs that will allow Ambassadors to continue to grow as cyclists and strengthen our biking community.

Learn more about BikeUCI Ambassadors and our upcoming events at our <u>first meeting of the 2019-2020 year</u>, on Thursday, October 10, from 9:00 am to 10:00 am, at the "Dome of Stars" near Brandywine in Middle Earth Towers. Start your day with biking friends and breakfast!

# Volunteer Opportunities

Volunteering at bike safety events allows Ambassadors to earn points and level up within the program for the chance to receive complimentary training and potential giveaways exclusive to advanced levels. Sign up to volunteer at the events below:

October 15 & 16: <u>uciRIDEtoberfest</u>

October 26: Verano Place Welcome Day

October 30: Zot Health & Wellness FairOctober 31: Sustainival

November 5 & 9: Smart Cycling



















