

Uibin Lee

Assistant professor, University of Alabama
Department of Human Development and Family Studies
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RESEARCH INTERESTS

Addictive behaviors, personality traits, mental health outcomes, and quantitative research methodology. Identify how individual differences affect human behaviors focusing on risk-taking behaviors and investigate psychological factors that contribute to motivational underpinnings of behavioral addictions.

TEACHING INTERESTS

Behavioral addictions, Substance use disorders, Evidence-based treatment in mental disorder, Research method, Advanced statistical techniques in quantitative research, Personality, Human Development

EDUCATION

- 2021 to 2024: **Texas Tech University (Lubbock, TX, USA)**
Ph.D., Addictive Disorders and Recovery Studies
Supervisor: Dr. Devin J. Mills
- 2017 to 2019: **Handong Global University (Pohang, South Korea)**
M.S., Psychology
- 2011 to 2017: **Handong Global University (Pohang, South Korea)**
B.A., Psychology, B.A., Social work

PEER-REVIEWED JOURNAL ARTICLES

1. Ju, H. J., Lee, U., Kim, Y., & Harley, D. A. (2024). The Relationship between Stress, Disability Acceptance, and Quality of Life of People with Physical Disabilities in South Korea: Focused on Psychosocial Adaptation Model. *Journal of Applied Rehabilitation Counseling*. <https://doi.org/10.1891/JARC-2024-0002>
2. Lee, U., & Mills, D. J. (2024). Assessing the Link between General Causality Orientations and Problem Gambling, and the Mediational Role of Nonattachment, Greed, and Anhedonia: A Self-Determination Theory Perspective. *Journal of Gambling Studies*. <https://doi.org/10.1007/s10899-024-10290-x>
3. Mills, D. J., Anthony, W. L., Lee, U., & Nower, L. (2023). Implications of the Increasing Convergence of Video Gaming and Gambling: A Narrative Review. *Canadian Journal of Addiction* 14(3). 33-42. <https://doi.org/10.1097/CXA.0000000000000182>

4. Hwang, B., Ju, H., Jang, S., **Lee, U.**, & Shin, S. (2023). The Development and the Effectiveness of Motivational Interviewing-Existential Psychotherapy Program for Korean College Students with Depression. *Journal of College Student Psychotherapy*. <https://doi.org/10.1080/87568225.2023.2231849>
5. **Lee, U.**, Lewis, L. E., & Mills, D. J. (2023). Association between gambling and financial trading: A systemic review. *F1000Research*, 12(111), 111. <https://doi.org/10.12688/f1000research.129754.1>
6. Nichols, Z. C., **Lee, U.**, Mills, D. J., & Comiskey, G. (2022). Problem Drinking, Perceived Burden, Depression, and Suicide Ideation: A Conceptual Model. *Alcoholism Treatment Quarterly*. 41(1), 15-30. <https://doi.org/10.1080/07347324.2022.2149373>
7. **Lee, U. B.**, Song, Y. S., Ju, H. J., & Shin, S. M. (2019). The Mediating Effect of Belongingness on the Relationship between Interpersonal Relationship Stress and Self-Esteem among College Students: Focusing on Sociometer Theory. *Korean Journal of Educational Therapist*. 11(3), 379-395.
8. **Lee, U. B.**, Shin, S. M., Lee, D. S., Cho, E. H., & Ju, H. J. (2018). The Effects of Disability Acceptance on Self-efficacy of People with Hearing Disability: Mediating Effect of Interpersonal Relationship. *Journal of Special Education & Rehabilitation Science*. 57(4), 301-324.

MANUSCRIPTS UNDER REVIEW & PREPARATION

1. **Lee, U.**, Mills, D. (under review). Going Beyond the Dark Traits: Exploring the Association Between Dispositional Greed and Gambling Behaviors. *Personality and Individual Differences*.

In preparation

1. Owen, T., Shgedin, M., Jo, D., & **Lee, U.** *Meta-Analysis of the Acceptance and Commitment Therapy Randomized Control Trials*.
2. **Lee, U.**, Tuliao, A., & Mills, D. *Exploring psychological characteristic of problem financial trading: The interplay of greed, craving, and self-control. Addictive behaviors*.
3. **Lee, U.** & Mills, D. Predicting Gambling and Financial Trading Profiles: An Examination of Dispositional Greed, Fear of Missing Out, and Risk-Taking. *Psychology of behavioral addiction*
4. Lewis L. E., Mills, D. J., **Lee, U.**, Bergman, B. G., & Kimball, T. G. *Can passions protect against problem drinking? An initial inquiry and conceptual model*.
5. **Lee, U.**, Ju, H., & Shin, S. *The Moderating Effect of Mattering on the Relationship between Social stigma and Self-stigma*.
6. Song, Y. S., **Lee, U.**, Oh, J. S., & Shin, S. M. *The Introduction of Motivational Balancing*

Theory (MBT) and Validation of MBT Scale.

7. Ju, H. J., Song, Y. S., **Lee, U. B.**, Choi, J. M. & Shin, S. M. The Relations among the Neuroticism, Self-esteem, and Facebook Addiction: Focused on the Addiction Syndrome Model.

OTHER PUBLICATION

*denotes equal authorship

1. Spare, K. E., Harwell, W., Mills, D., **Lee, U.** * & Lewis, L. E. * (2023). *2022 Missouri Gambling Prevalence Study*. Report to the Gaming and Kansas City Port Authority Problem Gambling Fund Advisory Committee. Kansas City, MO: Authors
2. Harwell, W., Spare, K. E., Mills, D., **Lee, U.** * & Lewis, L. E. * (2023). *2022 Oklahoma Gambling Prevalence Study*. Report to the Oklahoma Association for Problem Gambling and Gaming. Norman, OK: Authors.

CONFERENCE PRESENTATIONS

Student mentees, both graduate and undergraduate, are indicated by asterisk (*).

1. **Lee, U.**, *Risco, S., Mills, D.J. (2023). *From Stocks to Stakes: Unraveling Risky Investment Behaviors and Their Psychological Underpinnings in Frequent Gamblers*. Poster presented to the 24th International Center for Responsible Gaming Conference, Las Vegas, NV.
2. Mills, D.J., **Lee, U.**, Risco, S. (2023). *From Playing to Betting: The Dual Risks of Sport-Simulated Video Game Players*. Poster submitted to the 24th International Center for Responsible Gaming Conference, Las Vegas, NV.
3. **Lee, U.**, Mills, D. J., & Lewis, L. E. (2023). *Self-control partially mediates the relation between need frustration and problem drinking: A path model*. Poster presented to the 8th International Self-Determination Theory Conference, Orlando, FL.
4. Mills, D. J., Lewis, L. E., & **Lee, U.** (2023). *Weakening the link between craving and addiction: The role of passionate engagement*. Paper presented to the 2023 Self-Determination Theory Conference, Orlando, FL.
5. **Lee, U.**, *Egbe, P., & Mills, D. J. (2023). *Exploring psychological characteristic of problem financial trading: The effect of self-control and dispositional greed*. Poster presented to the 18th International Conference on Gambling & Risk Taking, Las Vegas, NV.
6. Mills, D. J., Lewis, L. E., & **Lee, U.** (2023). *Disrupting the relation between gambling cravings and problem gambling: The role of non-gambling passions*. Paper presented to the 18th International Conference on Gambling & Risk Taking, Las Vegas, NV.
7. *Griffin, P., **Lee, U.**, Mills, D. J. (2023) *Exploring the effect of need frustration on problem drinking, and the mediational role of self-control*. Poster presented to the 2023 Undergraduate Research Conference, Lubbock, TX.

8. Mills, D. J., Botor, N., **Lee, U.**, Koehl, H., & D’Aniello, C. (2023). *Examining the facets of mindfulness in relation to problem drinking: a latent profile analysis*. Poster presented to the Collaborative Perspectives on Addiction, Albuquerque, NM.
9. Lewis, L. E., Mills, D. J., & **Lee, U.** (2023). *Dispositional mindfulness, alcohol use, and the mediating role of basic psychological needs*. Poster accepted to the Collaborative Perspectives on Addiction, Albuquerque, NM.
10. **Lee, U.**, Mills, D., & Nichols, Z. (2022). *Drinking Motivations Mediate the Effect of Thwarted Belongingness and Perceived Burdensomeness onto Problem Drinking*. Poster presented at the 45th Annual Research Society on Alcoholism Scientific Meeting, Orlando, FL.
11. Chroback, K. M., **Lee, U.** & Mills, D. J. (2022). *General Causality Orientations, Problem Alcohol Use, and the Mediating Role of Integrative Emotion Regulation: a Self-determination theory Perspective*. Poster presented at the 45th Annual Research Society on Alcoholism Scientific Meeting. Orlando, FL.
12. **Lee, U.**, Ju, H., & Shin, S. (2022). *The Moderating Effect of Mattering on the Relationship between Social stigma and Self-stigma*. Poster presented at the 2022 APA annual convention, Minneapolis, MN.
13. **Lee, U.**, Chroback, K. M., & Mills, D. J. (2022). *Greed in Relation to Problem Gambling: A Self-Determination Theory Perspective*. Poster presented at the 2022 National Conference on Gambling Addiction & Responsible Gambling, Boston, MA.
14. **Lee, U.**, Mills, D. (2022). *Gambling within Financial Markets: A Scoping Review*. Poster presented at the 2022 Conference of Addiction, Recovery & Families in Texas Tech University, Lubbock, TX.
15. Mumma, J., Chroback, K. M., **Lee, U.** & Mills, D. J. (2022). *Are Emotion Regulation Processes and Non-Gambling Related Passions Protective or Risk Factors for Problem Gambling?*. Poster presented at the 2022 Society for Personality and Social Psychology Annual Convention, San Francisco, CA.
16. Song, J. S., Kim, J. M., **Lee, U. B.**, Kang, Y. J., Song, K. Y., Seo, E. L., Lee, S. Y. & Shin, S. M. (2016). *The Relationship Between Abuse of Parents and Adolescents’ Preoccupation on X-rated Media : The Mediating Effect of Alienation among peer groups*. Poster presented at the Korean Psychology Association, Gunsan, South Korea.
17. Kim, J. M., **Lee, U. B.**, & Kim, J. Y. (2015). *The Relation between Abuse Experience and Aggression among Adolescents: The Mediating Effects of Ego Resilience*. Poster presented at the Korean Clinical Psychology Association, Ilsan, South Korea.

RESEARCH GRANT WORK

2023

1. ***Graduate Student Research Support, \$1,500***

Sponsor: Texas Tech University

Principal Investigator: Uibin Lee (Texas Tech University)

Project Title: *Expand the findings in developmental path of personality and problem gambling*

Role: P.I. under advising of Dr. Devin Mills. (Texas Tech University)

2022 to 2024

2. ***Prevalence of Problem Gambling in Oklahoma and Missouri, \$35,767***

Sponsor: Oklahoma Association for Problem Gambling and Gaming and Kansas City Port Authority Problem Gambling Fund Advisory Committee

Principal Investigator: Devin Mills (Texas Tech University)

Project Title: *Prevalence of Gambling in Oklahoma and Missouri*

Role: Collaborator

2022 to 2023

3. ***2022 Seed Research Grant, \$29,995***

Sponsor: International Center for Responsible Gaming

Principal Investigator: Devin Mills (Texas Tech University)

Project Title: *Exploring Pathways to Gambling and Gambling Related Harms among Simulated Sport Video Game Players: A Multi-Wave Study*

Role: Collaborator

2022

4. ***2022 Emerging Adult Large Research Grant*** (not funded)

Sponsor: International Center for Responsible Gaming

Principal Investigator: Devin Mills (Texas Tech University)

Project Title: *Video Gaming-Related Gambling (VGRG) among Emerging Adults: Examining the Immediate and Long-term Consequences of VGRG*

Role: Collaborator

5. ***2022 Large Research Grant*** (not funded)

Sponsor: International Center for Responsible Gaming

Principal Investigator: Devin Mills (Texas Tech University)

Project Title: *Do Motivations Increase Players' Use of and Adherence to Safe Gambling Practices? An Application of Self-Determination Theory*

Role: Collaborator

6. ***Doctoral Student Small Grants Program*** (not funded)

Sponsor: Research Society on Alcoholism

Principal Investigator: Uibin Lee (Texas Tech University)

Project Title: *Exploring developmental path for alcohol protective behavioral strategy*

Role: PI under advising of Dr. Devin Mills. (Texas Tech University)

INVITED TALKS

1. **Lee, U.** (2023, Nov). *Risky Investment in Gamblers*. Technology Risk and Gambling Webinar – Season 4, Early Career Researcher Showcase, Brain and Mind Centre, University of Sydney. https://www.youtube.com/watch?v=rez6hZKJO7E&list=PLR_0d-nZb8X6dpKJ10E2xNlppI7dYevq-&index=1
2. **Lee, U.** (2023, October). *Navigating Psychology Career Opportunities: A 20th Anniversary Forum Lecture*. Department of Counseling Psychology and Social Welfare, Handong Global University, South Korea.
3. **Lee, U.** (2023, July). *Understanding the Psychological Characteristics of Problem Gambling among US Adults & A primer on Gambling Research for Korean Adolescents*. The International Consortium of University for Drug Demand Reduction.
4. **Lee, U.** (2023, April). *Understanding Greed and Its Link with Gambling Disorder*. Research colloquium of Community, Family, and Addiction Sciences department, Texas Tech University.
5. **Lee, U.** (2022, April). *Introducing Addiction Studies and Practices in U.S.* Department of Counseling Psychology and Social Welfare, Handong Global University, South Korea.
6. **Lee, U.** (2021, August). *Motivational Interviewing Workshop for Peer Mentors*. Office of student affairs, Handong Global University, South Korea.

RESEARCH TRAININGS/WORKSHOPS

2023	<i>Machine Learning & Theory Development</i> , Jacobs/CIFAR workshop
2022	<i>Using Open Educational Resources in Blackboard</i> , Texas Tech University
2022	<i>Redesigning “Group Work” with CATME</i> , Texas Tech University
2022	<i>IRB workshop: Data Collection and Privacy, Confidentiality & Security</i> , Texas Tech University
2021	<i>Certificate of Graduate Research Strategies Initiative</i> , Texas Tech University Libraries

RESEARCH SKILLS

Statistical skills

- Using Mplus, able to run various statistical analysis (Structural Equation Model, EFA, CFA, ESEM, Bi-factor model, Latent profile analysis and Multilevel modeling)
- Using R programming, able to manipulate data and run statistical analysis (path analysis, mediation model with bootstrapping)

Literature review

- Have research experience using scoping and systemic review using PRISMA.

TEACHING EXPERIENCES

- 2023-2024 Summer Teaching Assistant, Texas Tech University
- ADRS 2310: Understanding Alcohol, Drugs, and Addictive Behaviors
 - 325 / 236 total students (in-person delivery)
 - 12 total students (online delivery)
- 2022, Fall Guest Lecturer, Texas Tech University
- ADRS 2310: Understanding Alcohol, Drugs, and Addictive Behaviors
 - 200 total students (in-person delivery)
- 2017-2018 Teaching Assistant, National Institute for Life long Education of Korea, Korean Massive Open Online Course (K-MOOC)
- Psychology of Addiction
 - 1,573 total students (online asynchronous delivery)
 - 4 semester period
- 2016 Teaching Assistant, Handong Global University
- Learning psychology
 - 83 total students (in-person delivery)
 - Cognitive psychology
 - 76 total students (in-person delivery)
- 2015 Teaching Assistant, Handong Global University
- Abnormal Psychology
 - 124 total students (in-person delivery)

SERVICE

Ad Hoc Reviewer

- 2024 Emerging Adulthood
- 2023 Emerging Adulthood
International Gambling Studies
- 2022 Addictive Behaviors
Psychology of Addictive Behaviors
- 2021 International Gambling Studies

Service to National Organizations

- 2023 International Consortium of University for Drug Demand Reduction, *Lecturer for Research Talk*
- 2022 American Psychological Association, *Conference Poster Reviewer*

Service to University

- 2023 Mentoring program, Texas Tech University, *Graduate Mentor*
- 2023 Undergraduate Research Conference, Texas Tech University, *Jury for Poster presentation*

Service to Department

- 2024 Brown bag session series, Addictive disorders and recovery studies program,
Guest lecturer
- 2023 Research colloquium, Department of Community, Family, and Addiction
Sciences, *Presenter*
- 2023 Brown bag session series, Addictive disorders and recovery studies program,
Guest lecturer
- 2018 Department of Psychology, Handong Global University Graduate School, *Elected
president of graduate students*
- 2012 Department of Psychology & Social welfare, Handong Global University,
Student representative

Research Mentoring

- 2023 Griffin, Preston, Honors College, Texas Tech University
Egbe, Peter, M.A., Interdisciplinary Studies, Texas Tech University
Sebastian Risco, M.A., Addictive Disorder and Recovery Studies, Texas Tech
University

PROFESSIONAL AFFILIATIONS

International Consortium of University for Drug Demand Reduction (ICUDDR)

Individual member

Research Society on Alcoholism (RSA)

Student member

National Council on Problem Gambling (NCPG)

Individual student member

American Psychological Association (APA)

Graduate student member

Korean Psychological Association (KPA)

Division: Korean Addiction Psychological Association

Korean Counseling Association (KCA)**PROFESSIONAL LICENSURE**

- 2019 – present Addiction Psychologist (License #504), Korean Psychological Association
- 2019 – present Professional counselor (License #2-5930), Korean Counseling Association
- 2018 – present Social Worker (License #2-797662), Korea Association of Social Workers

RESEARCH EXPERIENCES

- 2021-2023 *Graduate Research Assistant*, Texas Tech University
Department of Community, Family & Addiction Sciences
- ASH research team manager
 - Supervise and train undergraduate and graduate research assistants
 - Direct supervisor: Dr. Devin J. Mills

- 2019 *Full-time Associate Researcher*, Student Counseling Center, Handong Global University, South Korea
- Annual research for mental health of new students
 - Managing psychological assessment tools
 - Direct supervisor: Dr. Sujung Ryu
- 2016-2018 *Research Assistant*, Department of Psychology & Social welfare, Handong Global University Graduate school, South Korea
- Research team manager
 - Field research trip organizer
 - Student counseling center manager
 - Direct supervisor: D.Sc. Sungman Shin
- 2016-2017 *Undergraduate research assistant*, Addiction & Rehabilitation Research Team Department of Psychology & Social welfare, Handong Global University, South Korea
- Research team member
 - Attending weekly meetings on research methods, statistics, and theories in addiction psychology
 - Direct supervisor: D.Sc. Sungman Shin

CLINICAL EXPERIENCES

- 2019-2021 *Professional Counselor*, Korea Center on Gambling Problems, South Korea
- Clinical supervisors:
 - Dr. Youngsoon Lee
 - Dr. Sujung Ryu
 - D.Sc. Sungman Shin
 - Certified Training Workshop for Gambling Disorder Professional
 - Provided individual, family therapy for gamblers
 - Provided prevention education and campaign for community
 - Collaborated city council for regular prevention education for adolescents in school
- 2019 *Full-time Associate Counselor*, Student Counseling Center, Handong Global University, South Korea
- Provided individual, group counseling sessions for college students
 - Organizing counseling practice training
 - Direct supervisor:
 - Dr. Sujung Ryu
 - Dr. Jueun Kim
- 2018 *Intern Therapist*, Seattle Asian Counseling Treatment Services, WA, U.S.
- Provided group counseling sessions using MI
 - Internship supervisor: Director Tae-Sun Lee

2017-2018 *Intern Counselor*, Student Counseling Center, Handong Global University, South Korea

- Provided individual, group counseling sessions
- 150 hours of sessions under supervision
- Clinical supervisors:
 - Dr. Youngsoon Lee
 - Dr. Sujung Ryu
 - D.Sc. Sungman Shin

ADDITIONAL EXPERIENCES

2016 *Student internship*, Simei Care centre, Singapore

- Assisted Wellness Recovery Action Plan (WRAP) Program for clients and clubhouse members with mental illness
- Supervisor: Rebecca Moh

2013-2014 *Sergeant Counselor*, Korean Army, South Korea

- General psychological assessment for soldiers
- Provided therapy sessions for psychological wellness
- Supervisor: Jung-In Choi (Clinical psychologist, Class 1)

HONORS AND GRANTS (External)

Award: Genesis Academic excellence scholarship

Date: 2023

Organization: Korean American Scholarship Foundation

Amount: \$2,200

Award: ICRG conference scholarship

Date: 2023

Organization: 24th annual ICRG conference on gambling and addiction

Amount: \$1,420

Award: Outstanding Poster Award (1st placing)

Date: 2022

Organization: 2022 APA annual convention, International psychology (Division 52)

Amount: No Cash Prize

Award: NCPG Diversity in Leadership Scholarship

Date: 2022

Organization: 2022 National Conference on Gambling Addiction & Responsible Gambling.

Amount: \$500

HONORS AND GRANTS (Internal)

Award: Award for presenter

Date: 2023

Organization: Research colloquium at Department of Community, Family, and Addiction Sciences

Amount: \$250

Award: Mentor Tech Scholarship

Date: 2023

Organization: Division of Diversity, Equity, & Inclusion, Texas Tech University

Amount: \$1,000

Award: Helen Devitt Jones College of Human Sciences Fellowship

Date: 2021-2024

Organization: College of Human Sciences, Texas Tech University

Amount: \$30,000