

Curriculum Vitae

Lesley R. McDonald, MA, RDN, LD

Instructor, Department of Human Nutrition, Hospitality, and Sports Management
College of Human Environmental Sciences

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Education

Master of Arts, Health Studies, December 2011

The University of Alabama, Tuscaloosa, Alabama

GPA 4.0 / 4.0

Relevant Coursework: Advances in Health Promotion, Health Behavior, Evaluation in Health Education, Health Promotional Techniques

Bachelor of Sciences, Human Environmental Sciences, May 2010, *Magna Cum Laude*

The University of Alabama, Tuscaloosa, Alabama

Major: Food and Nutrition

Coordinated Program in Dietetics

GPA 3.7 / 4.0

Higher Education Experience

Instructor, January 2019- present

The University of Alabama, Tuscaloosa, Alabama

Student Opinion of Instruction average 4.47 / 5

Curricular Development, NHM 195- Introduction to Dietetics

June 2021- January 2022

Adjunct Faculty Member, August 2014- December 2018

The University of Alabama, Tuscaloosa, Alabama

Student Opinion of Instruction average 4.23 / 5

Courses Taught

Nutrition Education: Theories and Practice

Nutrition Counseling

Directed Professional Study

Community Nutrition

Introduction to Dietetics

Nutrition for Health Professionals

Introduction to Food Service Management

Quantity Food Production and Service

Related Practitioner Experience

Senior Nutrition Consultant, February 2017 – December 2018

Jefferson County Department of Health, Birmingham, Alabama

Clinical Services- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Preceptor, August 2012- December 2018

Jefferson County Department of Health, Birmingham, Alabama

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Community rotations for University of Alabama CP student interns, Samford University DI student interns, and University of Alabama at Birmingham DI student interns

Nutrition Consultant, June 2012- February 2017

Jefferson County Department of Health, Birmingham, Alabama

Clinical Services- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Clinical Dietitian, June 2010- June 2012

Brookwood Medical Center, Birmingham, Alabama

Presentations

University of Alabama Department of Nutrition & Hospitality Management

Fall 2019 – present

“Mentorship” Presentation at Affiliate Internship Program Orientations

Alabama Dietetic Association Annual Meeting

March 2016, Montgomery, Alabama

“Growing Together: Collaboration in the Garden”

WIC Outreach Presentations

March 2016 – December 2018, University of Alabama

Overview of WIC Program to Nutrition Students in NHM 340 class

Nutrition Basics Presentation

October 2013, University of Alabama at Birmingham

“Enjoying Life by Enhancing Nutrition”

National Nutrition Month Presentations

March 2017, Birmingham, Alabama

Fox6News Good Day Alabama live in-studio interview

“Put Your Best Fork Forward”

March 2012, Birmingham, Alabama

Brookwood Medical Center Employees

March 2011, Birmingham, Alabama

Alabama Power Company employees

“Heart Healthy Eating”

Media Contributions

Martha Stewart Living, December 2021

“Eight Antioxidant Rich Foods That Can Easily Be Added To Your Diet” featured Registered Dietitian

University Service

Assessment Coordinator, Curriculum Committee- Assessment Subcommittee May 2022- present

DI Affiliations Administration Support, January 2019- present

Facilitated new graduate student orientation with MS+DI Affiliated Programs

Completed Student Support Weekly Checkins during student’s first semester

Recorded promotional and informational videos about the MS program affiliated partner programs

Built MS in HN resources Hub to orient students to graduate level student expectations, onboard, and academic coaching

Member, CHES Academic Bankruptcy, August 2021 – August 2023

CP Administration Support, April 2022 – March 2023

Tasks related to student evaluations/hour log recordings from rotations, affiliation agreements with facilities, student paperwork preparing for entry into facilities, reorganization report, self-study site visit preparation, student support/events

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Averaging 10.25 hours/month towards these activities

Co-Advisor, Student Dietetics Association, August 2020- May 2022

Professional Development

Conference Attendance

Alabama Dietetic Association Annual Meeting, Montgomery, AL,

March 2024, February 2020, February 2019

Alabama Dietetic Association Annual Meeting, Pelham, AL, March 2023

2022 REMOTE: The Connected Faculty Summit, Arizona State University, June 2022

Alabama Dietetic Association Annual Meeting, Virtual, March 2022, March 2021

Food and Nutrition Conference and Expo, Virtual, October 2021, October 2020

Food and Nutrition Conference and Expo, Philadelphia, PA, October 2019

Alabama Dietetic Association Mini Summer Conference, Virtual, May 2021

Workshops

UATA Teaching Seminar: Reframing the Lecture as a Pedagogy of Engagement, UA Teaching Academy, November 2023

ACEND Diversity, Equity, and Inclusion Webinar- Debiasing Training, September 2022

Equitable Accessible, and Inclusive Teaching Practices Webinar, National Center for Development and Diversity, August 2022

Educate, Then Advocate Webinar, Academy of Nutrition and Dietetics, June 2022

Academy of Nutrition and Dietetics Advocacy Summit, Virtual, January 2022

Advising and Mentorship

2023-2024, 13 undergraduate, 6 graduate students

2022-2023, 22 undergraduate, 4 graduate students advised

Began transition to advising graduate level students

2021-2022, 61 undergraduate students advised

Mix of undergraduate, post-graduate, and AMP students in the DPD program

Honors and Awards

Recognized Young Dietitian of the Year, Alabama Dietetic Association, 2017

Professional Organizations

National Center for Faculty Development and Diversity, August 2022- present

Society of Nutrition Education and Behavior, August 2022- present

Alabama Dietetic Association, 2007-present

President, June 2020- May 2022

Council on Professional Issues Chair, June 2018- May 2020

Annual Conference Planning Committee, 2016-2021

Nutrition and Dietetics Educators and Preceptors, 2019- present

Scholarship committee member, August 2019- May 2021

Tuscaloosa Dietetic Association, 2019- present

Birmingham District Dietetic Association, 2010- 2019

President, June 2015- May 2017

Nominating Committee, June 2014- May 2015

Alabama Obesity Task Force, October 2013- December 2018

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Licensures and Certifications

ServSafe Manager, National Restaurant Association, March 2019

HACCP Manager, March 2019

Licensed Dietitian, #2092, September 2010 – present

Registered Dietitian Nutritionist, #1038599, August 2010- present