

COURTNEY HELFRECHT

The University of Alabama | Department of Anthropology
Box 870210, Tuscaloosa, AL 35487
chelfrecht@ua.edu | 205.348.7293 | sites.ua.edu/chelfrecht/

EDUCATION

2016 Ph.D., Anthropology, Washington State University
2009 M.A., Anthropology, Washington State University
1998 B.A. with distinction, Anthropology and Archaeology, University of Virginia

ACADEMIC POSITIONS

2019-present Assistant Professor of Anthropology, University of Alabama (UA)
2019 Part-time Professor of Anthropology, Savannah College of Art and Design-Atlanta
2017-2019 Adjunct Assistant Professor, Washington State University (WSU)

OTHER APPOINTMENTS

2025-2026 ALRI Faculty Fellow
2016-2019 Consulting Anthropologist for A360, Population Services International
2010-2017 Instructor, WSU
2008-2013 Research Assistant, WSU

PUBLICATIONS (*denotes graduate student co-author; **denotes undergraduate student co-author)

- Helfrecht, C.**, Kroupin, I., MacGillivray, T., & Gettler, L. (Accepted). Field Methods for Investigating Onset and Progression of Middle Childhood Physical, Social, Cognitive, and Hormonal Development. *American Journal of Human Biology*.
- *Blackwell, E., **Helfrecht, C.**, & Dira, S.J. (2025). “We’ve never seen these things in our entire lives”: Perceived impacts of and responses to climate change among Sidama agropastoralists residing near Hawassa, Ethiopia. *Culture, Agriculture, Food and Environment*.
- Bader, L., **Helfrecht, C.**, Defersha, E. (2025). What makes mothers happy and unhappy during pregnancy and postpartum?: A qualitative investigation of beliefs from Gamo mothers in southern Ethiopia. *Infant Mental Health Journal: Infancy and Early Childhood*.
- Helfrecht, C.**, & Dira, S.J. (2023). The Sidama model of human development. *Human Nature*, 34(2), 202-228.
- Helfrecht, C.**, *Wang, H., Dira, S. J., DeAvila, D., & Meehan, C. L. (2023). DHEAS and nutritional status among Sidama, Ngandu, and Aka children: Effects of cortisol and implications for adrenarche. *American Journal of Human Biology*, 35(7), e23881. (Editor’s Choice Award and AJHB Top Cited Article)
- *Gall, B., *Wang, H., Dira, S., & **Helfrecht, C.** (2022). Effects of family demographics and household economics on Sidama children’s nutritional status. *Human Nature*, 33(3), 304–328.
- DeCaro, J. A., & **Helfrecht, C.** (2022). Applying minimally invasive biomarkers of chronic stress across complex ecological contexts. *American Journal of Human Biology*, e23814. (AJHB’s top 10 most-cited papers in 2022-2023)
- Helfrecht, C.**, Roulette, J. W., *Lane, A., Sintayehu, B., & Meehan, C. L. (2020). Life history and socioecology of infancy. *American Journal of Physical Anthropology*, 173(4), 619–629. (Editor’s Choice Award)
- Meehan, C. L., *Lackey, K. A., Hagen, E. H., Williams, J. E., *Roulette, J., **Helfrecht, C.**, McGuire, M. A., & McGuire, M. K. (2018). Social networks, cooperative breeding, and the human milk microbiome. *American Journal of Human Biology*, 30(4).
- Helfrecht, C.**, Hagen, E. H., DeAvila, D., Bernstein, R. M., Dira, S. J., & Meehan, C. L. (2018). DHEAS patterning across childhood in three sub-Saharan populations: Associations with age, sex, ethnicity, and cortisol. *American Journal of Human Biology*, 30(2), e23090.

- Helfrecht, C.**, & Meehan, C. L. (2016). Sibling effects on nutritional status: Intersections of cooperation and competition across development. *American Journal of Human Biology*, 28(2).
- Meehan, C. L., **Helfrecht, C.**, & Quinlan, R. J. (2014). Cooperative breeding and Aka children's nutritional status: Is flexibility key? *American Journal of Physical Anthropology*, 153(4), 513–525.
- Hess, N., **Helfrecht, C.**, Hagen, E., Sell, A., & Hewlett, B. (2010). Interpersonal Aggression among Aka Hunter-Gatherers of the Central African Republic. *Human Nature*, 21(3).

Book Chapters

- Meehan, C. L., **Helfrecht, C.**, & Malcom, C. D. (2016). Implications of lengthy development and maternal life history: allomaternal investment, peer relationships, and social networks. In C. L. Meehan & A. N. Crittenden (Eds.), *Childhood: Origins, Evolution, and Implications* (pp. 199–220). School for Advanced Research.

Book Reviews

- *Smith, S. E., *Gall, B., *Smetana, M., *McCane, M., & **Helfrecht, C.** (2022). Poverty and neglected tropical diseases in the American Rural South. *Anthropology & Medicine*, 1–3.

Manuscripts under review

- Pearl, D., Susnara, D., Evans, T., & **Helfrecht, C.** (R&R). Reflecting on Identity Development for Community-Engaged Scholars: A Mini Case Study. *Journal of Higher Education Outreach and Engagement*.
- Helfrecht, C.**, & *McGrath, C. Socioecological predictors of sport participation among U.S. children. *Journal of Sport Behavior*.

Dissertation & Thesis

- Helfrecht, C. (2016). Effects of Stress on Onset of Middle Childhood among Sidama Agropastoralists. Doctoral dissertation, Department of Anthropology, Washington State University.
- Helfrecht, C. (2009). Age and Sex Differences in Aggression among the Aka Foragers of the Central African Republic. Master's thesis, Department of Anthropology, Washington State University.

GRANTS & AWARDS

Grants

- Helfrecht, C. (PI)**, Pawloski, L. (Co-I). Designing Change: Interdisciplinary Innovation and Economic Growth in Ethiopia. U.S. Department of State's IDEAS Program (\$34,912). 2025-2026.
- Helfrecht, C. (PI)**, Weinman, S. (Co-PI). *Adiposity in Alabama's adolescent athletes: Is it something in the water?* University of Alabama Office of Research and Economic Development Small Grants Program (\$12,000). 2024-2026.
- Helfrecht, C. (PI)**, McClure, S. (Co-I), Davis-Hazell, A. (Co-I), Reed, A. (Co-I). *Instruments of Culture and Agents of Change: Performing Arts Training as a Vehicle for Empowerment and Wellbeing among Alabama Youth*. Collaborative Arts Research Initiative Joint Pilot for Arts Research (\$9,500). 2020-2022.
- Helfrecht, C. (PI)** *Effects of Stress on Child Development among Sidama Agropastoralists*. Society for Research in Child Development Small Grants Program for Early Career Scholars (\$7,500). 2020-2024.

- Meehan, C. M. (PI), **Helfrecht, C. (Co-PI)**. *Doctoral Dissertation Improvement Grant: Effects of Stress on Onset of Middle Childhood among Aka Foragers, Ngandu Horticulturalists, and Sidama Agro-Pastoralists*. The National Science Foundation (BCS #1260428). Funded by Biological Anthropology and Cultural Anthropology Programs (\$21,374). 2012-2015.
- Meehan, C. M. (PI), **Helfrecht, C. (Co-PI)**. REG: *Middle Childhood among the Aka Foragers of the Central African Republic*. Supplement award to CAREER: *Cooperative Childcare and Exchange and Health among Central African Foragers and Farmers*. The National Science Foundation (BCS #0955213). Funded by Cultural Anthropology and Developmental Learning Sciences Programs, \$5,000. 2011.

Awards

- Tide Teaching Grant Awardee (\$550), 2025-2026.
- UA Community Engagement Graduate Fellowship Award–Faculty Recipient (\$56,036), 2024-2025.
- Tuscaloosa City Schools – Funding for nutrition programming (\$10,000), 2023-2024.
- Williams Fund Travel Award (\$400), 2023.
- UA Public Engagement Learning Community (\$1500), 2023-2024.
- UA Emerging Community Engagement Scholars (\$3000), 2022-2023.
- UA Community Engaged Learning Faculty Fellows (\$1500), 2021-2022.
- Krantz Memorial Scholarship in Physical Anthropology (\$500), 2013.
- Burgess Brothers Memorial Scholarship (\$2,500), 2012.
- Elaine Burgess Graduate Fellowship in Anthropology (\$500), 2011.
- WSU Graduate & Professional Student Association Travel Grant (\$700), 2010.
- WSU College of Liberal Arts Scholarship (\$1,000), 2010-2011.
- Elaine Burgess Graduate Fellowship in Anthropology (\$500), 2010.
- WSU Association for Faculty Women Founders’ Award (\$500), 2009.
- Phyllis & Richard Daugherty Scholarship for Graduate Student Excellence (\$500), 2009.
- WSU Graduate & Professional Student Association Travel Grant (\$700), 2008.
- WSU Graduate School Fellowship Award (\$3,000), 2008-2009.
- WSU Graduate School Fellowship Award (\$3,000), 2007-2008.

RESEARCH

- 2024-present *Adiposity in Alabama’s Adolescent Athletes: Is it Something in the Water?* Principal Investigator (Co-I: Steven Weinman)
- 2023-present *Effects of Sport Participation on Health, Wellbeing, and Academics*. Principal Investigator (Co-PI: Dr. Jessica Wallace)
- 2022-present *Brain Day at UA*. Co-PI. (Principal Investigator: Jessica Wallace; Co-PI: Sharlene Newman).
- 2022-present *Using a Multifaceted Approach to Understand Concussion Health in Athletes*. Co-Investigator (PI: Dr. Jessica Wallace)
- 2020-present *Effects of Stress on Child Development among Sidama Agropastoralists*. Principal Investigator.
- 2020-2022 *Instruments of Culture and Agents of Change: Performing Arts Training as a Vehicle for Empowerment and Wellbeing among Alabama Youth*. Principal Investigator.
- 2016-2019 *Adolescents 360 (A360)*. Consulting Anthropologist. (PI: Population Services International)
- 2014 *Middle Childhood among the Sidama Agropastoralists of Loke, SNNPR, Ethiopia* (June-September). Principal Investigator.
- 2008-2012 *Middle Childhood among the Aka Foragers and Ngandu Horticulturalists of the Central African Republic* (July 2008; June-July 2009; January-February 2010; February-April & July-August 2011; May-June 2012). Principal Investigator.

- 2009-2012 *Cooperative Breeding and Maternal Subsistence Activities among Aka Foragers and Ngandu Horticulturalists* (May-June 2012, February-April & July-August 2011, January-February 2010, June-July 2009). Project Director. (PI: Dr. C. L. Meehan)
- 2008- 2010 *Multiple Caregiving in Daycare and Home Settings (WA)*. Research Assistant. (PI: Dr. C. L. Meehan)
- 2008 *Aggression and Anger among Aka Hunter-Gatherers* (July). Research Assistant. (PIs: Drs. E.H. Hagen and N. Hess)

PRESENTATIONS

Helfrecht, C., Ross, A., Copeland, M., Gluhova, Y., Samuel, M.

- 2026 *Early hormonal development among Sidama agropastoralist children: what do we know about adrenarche in smaller-scale populations?* Society for Cross-Cultural Research, Antigua, Guatemala.

Leggett, Ida F., **Helfrecht, C.**, Spray, J., Shaw, J., Morelli, C.

- 2025 *The Child as Material, Spectral, and Engaged: New Anthropological Methodologies in Childhood and Youth Research*. American Anthropological Association, New Orleans, LA (Roundtable).

Samuel, M., **Helfrecht, C.**, DelCastillo, A., Wallace, J.S.

- 2025 *Coaches' Perspectives on Football, Health, and Well-being Among Title I Athletes*. American Anthropological Association, New Orleans, LA

Samuel, M., **Helfrecht, C.**, Weinman, S., Wallace, J.S.

- 2025 *PFAS exposure effects on adolescent athletes' nutritional status in Alabama*. Engagement Scholarship Consortium 25th Annual Conference: Bridging Resources to Build Stronger Communities. Roanoke, VA.

Oh J., MacEachern T., **Helfrecht, C.**, Marcantonio, T., Gunn, H., Wallace, J.

- 2025 *Brain Day at UA: Empowering Communities, Protecting Athletes*. Engagement Scholarship Consortium 25th Annual Conference: Bridging Resources to Build Stronger Communities. Roanoke, VA (poster).

MacEachern, T., **Helfrecht, C.**, Gunn, H.E., Wallace, J.S.

- 2025 *Association of Current Health Promoting-Behaviors on Well-Being in Adolescent Football Athletes: Implications Beyond Concussion History*. American College of Sports Medicine, Atlanta, GA (poster).

DelCastillo, A., MacEachern, T., **Helfrecht, C.**, Wallace, J.S.

- 2025 *The Association between Sleep and Health Anthropometrics in Adolescent Athletes*. Pediatric Research in Sports Medicine Society, Columbus, OH (poster).

DelCastillo, A., MacEachern, T., Jihyun, O., Samuel, M., **Helfrecht, C.**, Wallace, J.S.

- 2025 *The Impact of a Pre-season Nutritional Intervention on Anthropometrics and Cardiovascular Health in Adolescent Football Athletes*. Southeast Athletic Trainers' Association Education Experience & Expo, Atlanta, GA.

Samuel, M., **Helfrecht, C.**

- 2024 *Exploring the Psychological Effects of Sickle Cell Disease*. American Anthropological Association, Tampa, FL (poster).

Helfrecht, C., Wallace, J.S.

- 2024 *Building Sustainable Scholarship Centered Around Adolescent Brain Health Using a Multidisciplinary Team and Community-Engaged Framework*. Engagement Scholarship Consortium Conference, Portland, OR.

Sullivan, M., **Helfrecht, C.**

- 2024 *Models of health and disease among the Sidama Agropastoralists*. National Conference of Undergraduate Research. Long Beach, CA (poster).

Sullivan, M., **Helfrecht, C.**

2024 *Models of health and disease among the Sidama Agropastoralists*. Undergraduate Research & Creative Activity Conference, University of Alabama. Tuscaloosa, AL (poster).

Helfrecht, C., Wallace, J.S.

2024 *Multidisciplinary Community-Engaged Research on Holistic Brain Health among Alabama's Adolescent Athletes*. Council on Community-Based Partnerships (invited presentation), University of Alabama, Tuscaloosa, AL..

Blackwell, B.E., Sullivan, M., Dira, S.J., **Helfrecht, C.**

2023 *Models of Health and Disease among Sidama Agropastoralists*. American Anthropological Association, Toronto, Canada.

Helfrecht, C., McGrath, C.

2023 *Socioecological Predictors of Sport Participation among U.S. Children*. American Anthropological Association, Toronto, Canada.

Helfrecht, C., Wallace, J.S.

2023 *Brain Day at UA: Targeting Brain Health Disparities through Community Engaged Practice*. Engagement Scholarship Consortium Conference, East Lansing, MI.

Helfrecht, C., Wallace, J.S.

2023 *Brain Day at UA*. Engaged Scholarship Showcase (invited presentation), University of Alabama. Tuscaloosa, AL.

Sullivan, M., **Helfrecht, C.**

2023 *Sidama Agropastoralists' Beliefs Surrounding Disease Transmission*. Undergraduate Research & Creative Activity Conference, University of Alabama. Tuscaloosa, AL (poster).

Blackwell, B.E., **Helfrecht, C.**

2022 *Coping at a Cost: Impacts and Responses to Climate Change among Sidama Agropastoralists*. American Anthropological Association. Seattle, WA (poster).

Bader, L., Jackson, K., **Helfrecht, C.**

2022 *Maternal Postpartum Mood among Mother-Infant Dyads in Southern Ethiopia*. International Society for the Study of Behavioral Development, Island of Rhodes, Greece (poster).

Helfrecht, C., Davis-Hazell, A., McClure, S., Reed, A.

2022 *Instruments of Culture and Agents of Change: Performing Arts Training as a Vehicle for Empowerment and Wellbeing among Alabama Youth*. Faculty Research Day, Tuscaloosa, AL.

Helfrecht, C., Meehan, C.L., Wang, H., Dira, S.J.

2022 *DHEAS and Nutritional Status among Sidama, Ngandu, and Aka children*. American Association of Biological Anthropologists, Denver, Co.

Helfrecht, C., Gall, B., Brazelton, E., Wang, H., Dira, S.J.

2021 *Effects of Family Demographics and Household Economics on Sidama Children's Nutritional Status*. American Anthropological Association, Baltimore, MD (poster).

Helfrecht, C., Dira, S.J.

2020 *Age Categories among Sidama Agropastoralists*. Society for Cross-Cultural Research, Seattle, WA.

Love, C., Flores, K., Caffé, B., Lane, A., **Helfrecht, C.**, Meehan, C.L.

2020 *Breastfeeding Patterns in Four Cultures: A Cross-Cultural Analysis*. Society for Cross-Cultural Research, Seattle, WA (poster presenter).

Love, C., Flores, K., Caffé, B., Lane, A., **Helfrecht, C.**, Meehan, C.L.

2019 *Breastfeeding Patterns in Four Cultures: A Cross-Cultural Analysis*. Northwest Evolution, Ecology, and Human Behavior Symposium, Boise, ID.

Helfrecht, C., Hagen, E.H., de Avila, D., Bernstein, R.M., Dira, S.J., Meehan, C.L.

2018 *DHEAS Patterning across Childhood in Three Sub-Saharan Populations: Associations with Age, Sex, Ethnicity, and Cortisol*. American Anthropological Association, San Jose, CA

- Meehan, C.L., **Helfrecht, C.**, Lane, A.
 2018 *Early Experiences: A Cross-Cultural Investigation on the Role of Social Ecology in Infancy*. American Anthropology Association, San Jose, CA.
- Meehan, C.L., **Helfrecht, C.**
 2018 *Early Experiences: A Cross-Cultural Investigation of Social and Caregiving Environments in Infancy among Hunter-Gatherers, Horticulturalists, and Agro-Pastoralists*. Society for Cross-Cultural Research, Las Vegas, NV.
- Helfrecht, C.**
 2016 *Sidama Perspectives on the Effects of Stress in Children's Development*. Society for Cross-Cultural Research, Vancouver, WA.
- Helfrecht, C.**, Meehan, C.L.
 2015 *Sibling Effects on Nutritional Status: Intersections of Cooperation and Competition across Development*. American Anthropological Association, Denver, CO.
- Helfrecht, C.**, Meehan, C.L.
 2015 *Family Demographics and Children's Nutritional Status: A Case Study among the Ngandu Horticulturalists*. Society for Cross-Cultural Research, Albuquerque, NM.
- Meehan, C.L., **Helfrecht, C.**
 2012 *Flexibility in Allomaternal Support: Key to Human Cooperative Breeding? Multiple Perspectives on the Evolution of Childhood*, Santa Fe, NM.
- Helfrecht, C.**
 2012 *Sociocultural and Cognitive Development among Aka Children*. International Union of Anthropological and Ethnological Science, Bhubaneswar, Odisha, India.
- Helfrecht, C.**
 2012 *Middle Childhood among the Aka Forest Foragers*. Joint Meetings of the Society for Cross-Cultural Research, Society for Anthropological Sciences, and the American Anthropological Association's Children and Childhood Interest Group, Las Vegas, NV.
- Helfrecht, C.**, Meehan, C.L., Kannady, J.
 2010 *Time Allocation among Aka Mothers in Central Africa*. International Conference on Congo Basin Hunter Gatherers, Montpellier, France.
- Meehan, C.L., **Helfrecht, C.**
 2010 *Cooperation and Child Growth among the Aka Foragers*. International Conference on Congo Basin Hunter Gatherers, Montpellier, France.
- Hess, N., **Helfrecht, C.**, Hagen, E.H., Sell, A., Hewlett, B.S.
 2010 *Interpersonal Aggression among Aka Hunter-Gatherers of the Central African Republic: Assessing the Effects of Sex, Strength, and Anger*. Human Behavior and Evolution Society, Eugene, OR (poster).
- Helfrecht, C.**, Hess, N., Hagen, E.H., Sell, A., Hewlett, B.S.
 2010 *Interpersonal Aggression among Aka Hunter-Gatherers of the Central African Republic: Assessing the Effects of Sex, Strength, and Anger*. Society for Cross-Cultural Research, Albuquerque, NM.
- Helfrecht, C.**, Meehan, C.L.
 2009 *Attachment, Sensitivity, and Responsiveness: An Examination of Cooperative Caregiving in the United States*. American Anthropological Association, Philadelphia (poster).
- Meehan, C.L., **Helfrecht, C.**
 2009 *Allomaternal Caregiving and Provisioning among Central African Foragers*. American Anthropological Association, Philadelphia (poster).
- Autrey, W., Meehan, C.L., Amador, I., Barnes, S., **Helfrecht, C.**
 2009 *Caregiver Responsiveness and Sensitivity in Eastern Washington Daycare Centers*. Northwest Anthropological Conference, Newport, OR.

Helfrecht, C., Hess, N., Hagen, E.H., Sell, A., Hewlett, B.S.

2009 *Aggression and Anger among Aka Hunter-Gatherers*. The Annual Barbara L. and Norman C. Tanner Center for Nonviolent Human Rights Advocacy Forum: The Evolution of Human Aggression: Lessons for Today's Conflicts, Salt Lake City, February 26 (poster).

Meehan, C.L., **Helfrecht, C.**

2008 *Cooperative Breeding, Daycare, and Alloparents in the United States*. American Anthropological Association, San Francisco.

Invited Talks

Helfrecht, C.

2025 *Childhood Development across Cultures*. Department of Psychology, University of Alabama, Tuscaloosa, AL.

Helfrecht, C.

2025 *Health in Various Cultural Contexts: Exploring Stress in Children in Ethiopia and the US*. Department of Health Science, University of Alabama, Tuscaloosa, AL

Helfrecht, C.

2020 *Effects of stress on human life history patterning*, Guest lecture in AS 150: Evolution for Everyone, University of Alabama, Tuscaloosa, AL.

Helfrecht, C.

2020 *Searching for Children*. Guest lecture in NEW 140: Sexuality and Society, University of Alabama, Tuscaloosa, AL.

Helfrecht, C.

2013 *Racism and Reciprocity: Proximal Relationships between the Aka and the Ngandu*. Multicultural Week, Lewis-Clark State College, Lewiston, ID.

Sessions Chaired

2018 *Biocultural Perspectives on Children and Childcare*. American Anthropological Association, San Jose, CA.

2016 *Social and Physical Influences on Child Development* (organized and chaired). 45th Annual Meeting of the Society for Cross-Cultural Research, Vancouver, WA.

2012 *Ages and Stages: Cultural Models of Child Development* (organized and chaired). Joint Meetings of the Society for Cross-Cultural Research, Society for Anthropological Sciences, and the American Anthropological Association's Children and Childhood Interest Group, Las Vegas, NV.

2008 *Growth, Development, and Life History: Research from the Field and Lab*. American Anthropological Association, San Francisco, CA.

CONTINUING EDUCATION

2025-2026 UA ALRI Fellow

2024 UA Crimson Odyssey Graduate Mentorship Training

2023-2024 UA Public Engagement Learning Community

2022-2023 UA Emerging Community Engagement Scholars

2021-2022 UA Community Engaged Learning Faculty Fellows

2020-2021 David Bauer Grant Writing Workshop Fellowship

2019 UA Active Learning Initiative

TEACHING EXPERIENCE

University of Alabama

ANT 208: Anthropology of Sex
ANT 214: Introduction to African Studies
ANT 218: Anthropology of Sports
ANT 270: Biological Anthropology
ANT 326: Community-Engaged Ethnography
ANT 414/514: Anthropology of Africa
ANT 476/576: Nutritional Anthropology
ANT 481/581: Anthropology is Elemental
ANT 600: Research Design
ANT 610: Theory & Method in Medical Anthropology
ANT 612: Seminar in Biocultural Anthropology: Childhood and Health

Savannah College of Art & Design-Atlanta

ANTH 106: Language, Culture, and Society

Washington State University

ANTH 468: Sex, Evolution, and Human Nature

MENTORING (¹Primary Advisor, ²Committee Member, ³Co-Chair, ⁴External Reviewer)

Doctoral Dissertations

In prog²Adamu Abubakar, University of Alabama (Modern Language & Classics)
In prog²Randy Arnold, University of Alabama
In prog¹Eden Blackwell, University of Alabama
In prog²Arianna Injeian, University of Alabama
In prog²Rabeya Khatun, University of Alabama
In prog²Austin Lee, University of Alabama
In prog¹Morenike Samuel, University of Alabama
In prog¹Nigar Sultana, University of Alabama
2024 ²Mary Margaret Williamson, University of Alabama (Public Health). *Clinimetric Analyses of Pain-Related Cognitive and Affective Measures in Black/African American Adolescent Male Athletes: A Mixed Methods Approach*.
2021 ⁴Chiara Sumich, Western Australia University (School of Human Sciences). *Characterisation of social networks in rural Timor-Leste and an investigation into their influence on Timorese children's growth*

Master's Theses

In prog³Meagan Copeland, University of Alabama.
In prog³Sara Restrepo, University of Alabama
2025 ¹Yuliya Gluhova, University of Alabama, *Learning About "These Days": Menstrual Education and Communication in Ashgabat, Turkmenistan*.
2025 ²Sean Schrader, University of Alabama (non-thesis)
2025 ²Hope Sharp, University of Alabama, *Nourished Identity: The Intersections of Foodways, Body Image, & Cultural Values in Perugia, Italy*.
2024 ²Austin Lee, University of Alabama, *A Tale of Two Precincts: An Exploratory Institutional Ethnography of Missing Persons Cases in Two Alabama Sheriff's Departments*.
2024 ²Patricia Mathu, University of Alabama, *Foodways Fabulations: Macrobotanicals from Moundville's Northeastern Riverbank*.

- 2024 ²Clara Alexander, University of Alabama. *Putting Together the Puzzle: An Analysis of the Hieroglyphic Stairway of El Resbalon.*
- 2024 ²Lilly Honea, University of Alabama. *Collaborative work in Cultural Heritage Stewardship at The University of Alabama.*
- 2024 ²Joseph Dober, University of Alabama. *Magnetic Gradiometry, Persistent Places, and Maya Plazas: The Viability of Shallow Geophysics in Built Jungle Environments at La Sufricaya, Petén, Guatemala.*
- 2024 ²Maegan McCane, University of Alabama. *Everybody Likes Them: Exploring Popularity in an American Middle School.*
- 2022 ²Stephen Filoromo, University of Alabama. *Snow's Bend & the Landscapes of Moundville's Chiefdom: A Multi-Method Geophysical Survey.*
- 2021 ²Emi Smith, University of Alabama. *From the Accused to the Empowered? Exploring a Cultural Model of the Modern American Witch.*

Undergraduate Research (BOAS lab, UA)

- In prog ¹Ivy Allen.
- In prog ¹Anna Chong. *On the Frontlines: Conceptualizing Trauma among Emergency Medical Service Providers in Alabama* (assisting MA student Copeland).
- In prog ¹Audrey Erickson. *Akha Health Beliefs.* (assisting PhD student Blackwell).
- In prog ¹Charlotte Michel. *Impacts of material hardship on nutritional status among Sidama agropastoralist children.*
- In prog ¹Sarah Millsaps. *Effects of PFAS exposure on nutritional status among adolescent athletes in Alabama and Akha Health Beliefs.*
- In prog ¹Moyin Oyo. *On the Frontlines: Conceptualizing Trauma among Emergency Medical Service Providers in Alabama* (assisting MA student Copeland).
- In prog ¹Adonai Ross. *Measurements of DHEAS and cortisol in hair from Sidama children aged 0-8 years old.* (awarded UA ASSURE funding)
- In prog ¹Molly Sullivan (BOAS + Randall Research Scholars Program). *Sidama Models of Health and Disease.* (awarded UA Randall Research Scholars Outstanding Undergraduate Research Award)
- In prog ¹Melinda Tarvin. *Impacts of material hardship on nutritional status among Sidama agropastoralist children.*

Undergraduate Research (Independent)

- In prog ¹Antonio DelCastillo. *Effects of a nutrition intervention on Title 1 football athlete health and Title 1 High School Football Coaches' perspectives on the benefits of sport participation* (awarded UA Anthropology Department's Undergraduate Hughes Award)
- 2024 ³Meagan Copeland, University of Alabama. *Support systems for providers in sexual assault crisis centers.* (Co-advised with Dr. Holly Horan of UAB).
- 2024 ³Joey Dallow, University of Alabama. *Substance Use Education Assessment for UA Students and Administrators.* (Co-advised with Dr. Holly Horan of UAB).
- 2023 ¹Caroline McGrath, University of Alabama. *Socioecological Predictors of Sport Participation among U.S. Children.*
- 2021 ¹Charity McCalpin, University of Alabama. *Stress and Dating Apps: The Effects of COVID-19 on Mating/Dating Effort of a WEIRD Population* (awarded UA Anthropology Department's Undergraduate Hughes Award)

SERVICE

Professional

- 2025-present Coordinator and Lead educator, Anthropology is Elemental, Tuscaloosa, AL

2025	Proposal reviewer, Engaged Scholarship Consortium Conference.
2025	Grant reviewer, Engaged Scholarship Research/Creative Activities Grants Program for Faculty and Staff, Engagement Scholarship Consortium
2024	Cultural Anthropology DDRIG Panel reviewer, National Science Foundation (NSF)
2023-present	Co-Organizer, Brain Day at UA
2023	Small Grants Reviewer, Society for Research in Child Development
2022-present	Secretary/Board member, Anthropology of Childhood and Youth Interest Group, American Anthropological Association
2022	GRFP reviewer, NSF
2020	Ad hoc Senior grant reviewer, NSF
2019-present	Manuscript reviewer, <i>American Journal of Human Biology</i> , <i>Journal of Sport Behavior</i> , <i>Hunter Gatherer Research</i> , <i>Evolutionary Human Sciences</i> , <i>Philosophical Transactions of the Royal Society B</i> , <i>Human Nature: An Interdisciplinary Biosocial Perspective</i>

University

2025-present	Director, African Studies minor, UA
2024-present	Crimson Odyssey Navigator (Mentorship Trainer), UA
2024-present	Co-Chair, Evolution Working Group/ALLELE Seminar Series, UA
2024-2026	Alternate (College of Arts & Sciences), UA Faculty Senate
2024 & 2025	Evaluator, Undergraduate Research and Creative Activities (URCA) Conference, UA
2023-present	Representative, College of Arts & Sciences Faculty Assembly Council
2022-2025	Member, Steering Committee for an African Studies minor
2020-2024	Senator (College of Arts & Sciences), UA Faculty Senate
2020-2024	Member, Diversity, Equity, & Inclusion Standing Committee, UA Faculty Senate
2019-2023	Member, Evolution Working Group/ALLELE Seminar Series, UA
2019-2022	Faculty Mentor, Alabama REACH, UA

Departmental (Anthropology at UA)

2024-present	Member, Milady Murphy Scholarship Committee
2024-2025	Member, Southeast Archaeology Search Committee
2023-present	Public Relations and Recruitment Coordinator
2023-present	Member (ex officio), Undergraduate Committee
2022-2023	Member, Biocultural Qualifying Exams Committee
2020-present	Member, Engaged Anthropology Committee
2021-2022	Member, Graduate Committee
2021-2022	Chair, Milady Murphy Scholarship Committee
2021-2022	Member, Public Relations Committee
2020-2021	Member, Tenure, Promotion, and Retention Revisions & Evaluation Standards Committee
2019-2022	Anthropology Club Faculty Advisor
2019-2021	Member, Maxwell Scholarship Committee
2019-2021	Textbook Committee (Chair)