

**Curriculum Vitae**  
**Joy W. Douglas, PhD, RD, CSG, LD**  
<http://jdouglas.people.ua.edu/>

**EDUCATIONAL EXPERIENCE**

- 2017 Doctor of Philosophy in Health Education & Promotion, emphasis in Nutrition**  
The University of Alabama, Tuscaloosa
- 2007 Master of Science in Human Environmental Sciences**  
The University of Alabama, Tuscaloosa  
Major: Human Nutrition
- 2005 Bachelor of Science in Human Environmental Sciences**  
The University of Alabama, Tuscaloosa  
Major: Food and Nutrition  
Coordinated Program in Dietetics

**LICENSURE AND CERTIFICATIONS**

- 2018 - Positive Approach to Care™ Certified Dementia Care Trainer
- 2015 - Board Certified Specialist in Gerontological Nutrition
- 2012 - 2014 Licensed Dietitian, The State of Georgia
- 2008 - 2017 ServSafe Certified Instructor and Registered Proctor
- 2007 - Licensed Dietitian/Nutritionist, The State of Alabama
- 2007 - Registered Dietitian/Nutritionist, Commission on Dietetic Registration
- 2005 - 2017 ServSafe Certified Food Protection Manager

**PROFESSIONAL EXPERIENCE**

**The University of Alabama, Tuscaloosa, Alabama**

- 2024 - **Associate Professor**  
Department of Human Nutrition, Hospitality and Sport Management
- 2017 - 2024 **Assistant Professor**  
Department of Human Nutrition, Hospitality and Sport Management
- 2014 - 2017 **Graduate Teaching Assistant**  
Department of Human Nutrition, Hospitality and Sport Management
- 2011 - 2017 **Adjunct Instructor**  
Department of Human Nutrition, Hospitality and Sport Management

**Northport Medical Center, Northport, Alabama**

- 2014 - 2017 **Clinical Dietitian (Per Diem)**

**Morrison Management Specialists, Birmingham, Alabama**

2012 - 2017 **ServSafe Instructor**, Morrison Senior Living

2011 - 2013 **Regional Clinical Nutrition Manager**, Morrison Senior Living

2010 - 2014 **Nutrition Care Manager**, Morrison Senior Living

**Noland Health Services, Birmingham, Alabama**

2008 - 2010 **Director of Food and Nutrition Services**, Greenbriar at the Altamont

**Morrison Management Specialists, Birmingham, Alabama**

2007 - 2008 **Clinical Dietitian**, Morrison Healthcare

**CONTRACTS AND GRANTS**

**Funded Projects (Total funding \$110,337.85)**

Ellis AE (Co-PI), **Douglas JW** (Co-PI), Greene LF (Co-PI). The Forklift Program for Dietetic Students: Intergenerational Service Learning with Older Adult Veterans. Academy of Nutrition and Dietetics Foundation. January 2024 – January 2026. (Total award: \$5,000).

**Douglas JW** (PI), Knol LL (Co-I), Kong L (Co-I), Tan L (Co-I). From the Bench to the Community: Nutrition Research Experiences for Undergraduates. Strategic Graduate Partnerships Initiative. The University of Alabama. May – July 2023. (Total award: \$38,000).

**Douglas JW** (Co-I), Knol LL (Co-I). Medical Nutrition Therapy and Diet Quality among Survivors of Brain Injury. The Academy of Nutrition and Dietetics Foundation. Ann A. Hertzler Memorial Research Grant. October 2022 – October 2024. (Total award: \$15,000).

**Douglas JW** (PI and mentor), Thaitrong P. Supporting Brain Injury Survivors and their Caregivers: A Community Engagement Project. Community Engagement Graduate Fellowship. The University of Alabama Council on Community-Based Partnerships. August 2021 – May 2022. (Total award: \$32,856).

**Douglas JW** (PI), Mumbower RM, Mumba M, Dawson-Hardy MA, Ray-Allen MA. Students Supporting Brain Injury Survivors and their Caregivers: A Community Engagement Project. Seed Funding Committee of the Council on Community-Based Partnerships. The University of Alabama. October 2020 – September 2021. (Total award: \$2,996.85).

**Douglas JW** (PI), Jung SE, Noh H, Ellis AC, Ferguson CC. Organizational and Healthcare Policy Barriers to Providing Mealtime Assistance to Nursing Home Residents with Dementia: An Original Research Article. *Seniors Housing & Care Journal*. Paper of Merit. July 2020. (Total award: \$7,500).

**Douglas JW (PI).** Formative Evaluation of a Dementia Care Training Program for Registered Dietitians. The Academy of Nutrition and Dietetics Foundation. Julie O’Sullivan Maillet Research Grant. August 2018 – August 2019. (Total award \$1,000).

**Douglas JW (PI).** Barriers and Facilitators in Feeding Nursing Home Residents with Dementia: The Perspectives of Certified Nursing Assistants. The University of Alabama Research Grants Committee. May 2018 – May 2020. (Total award \$5,985).

**Douglas JW (PI).** Positive Approach to Care Certified Dementia Care Training Program. The University of Alabama. The Mary A. Crenshaw Endowed Research Fund. January 2018 – September 2018. (Total award \$2,000).

### **Proposals Under Review**

Kong L (PI), **Douglas JW** (Co-PI), Knol LL (Co-PI), Tan L (Co-PI). From the Bench to the Community: Food and Nutrition Research Experience for Undergraduates. U.S. Department of Agriculture. May 2024 – May 2027. Submitted August 16, 2023. (Total proposed: \$600,000).

Kong L (PI), **Douglas JW** (Co-PI), Knol LL (Co-PI), Tan L (Co-PI), Lawrence JC (Co-PI), Hylton TM (Co-PI), Lodree EJ (Co-PI). Enhancing the Food and Nutrition Sciences Education in West Central Alabama: The Planning Phase. United States Department of Agriculture and National Institute of Food and Agriculture. August 2024 – July 2026. Submitted March 5, 2024. (Total proposed: \$30,000).

### **Recent Proposals Not Funded**

Palan Lopez R (PI), Gona CM (Co-I), Plys E (Co-PI), Blitzer JC (Key Personnel), **Douglas JW** (Key Personnel), Lovette B (Key Personnel), Lyons K (Key Personnel). ADVANCED-Comfort. The Rita and Alex Hillman Foundation, January 2024 – January 2025. Submitted May 30, 2023. (Total proposed: \$50,000).

**Douglas JW** (Co-I), Knol LL (Co-I), Stavrinou D (Key Personnel). Weight-Related Chronic Disease, Diet Quality, and Stress among Individuals Living with Brain Injury. The Brain Injury Association of America, Young Investigator Seed Grant. January 2024 – January 2026. Submitted June 29, 2023. (Total proposed: \$25,000).

Ellis AC (PI), Snow L (Co-I), **Douglas JW (Co-I)**. Determinants of Effective Implementation of the International Dysphagia Diet Standardization Initiative (IDDSI) in Long-Term Care. National Institute on Aging. Submitted October 14, 2022. (Total proposed \$393,627)

**Douglas JW** (PI), Noh H (Co-I), Snow L (Co-I), Liu W (Consultant). Delivering Mealtime Dementia Care Solutions to Informal Caregivers in Rural Alabama: A Feasibility Study. The University of Alabama at Birmingham. Submitted June 23, 2022. (Total proposed \$136,959)

**Douglas JW** (PI). Liu W. Noh H. Delivering Mealtime Dementia Care Solutions to Informal Caregivers in Alabama: A Pilot Study. Palliative Care Research Cooperative. Submitted January 2, 2022. (Total proposed \$60,893)

## **PEER REVIEWED PUBLICATIONS**

(\* Denotes student-mentored research)

### **Accepted**

\* DiNatale J, McDonough IM, Ellis AC, **Douglas JW**, Yaffe K, Crowe-White K. The Drug Burden Index is associated with Measures of Cognitive Function Among Older Adults in the Health, Aging, and Body Composition Study. *Journals of Gerontology Series A: Biological Sciences & Medical Sciences*. Accepted March 25, 2024.

### **Published**

1. **Douglas JW**, Crowe-White K, Ellis AC, Bui C, Voruganti VS, Yaffe K, Thaitrong P, DiNatale JC, Ferdous KA. The Association between Late-Life Weight Status and Cognition is Moderated by Race among Black and White Older Adults in the Health, Aging, and Body Composition Study. *Connections: Dietetics in Healthcare Communities*. 2024;48(2):1-9.
2. \*Brantley C, Knol LL, **Douglas JW**, Hernandez-Reif M, Lawrence JC, Wind SA. Feeding Stressors and Resources Used by Caregivers of Children with Down Syndrome: A Qualitative Analysis. *J Acad Nutr Diet*. 2023;123(12):1713-1728.  
<https://doi.org/10.1016/j.jand.2023.07.002>
3. \*Brantley C, Knol LL, **Douglas JW**. Parental Mindful Eating Practices and Mindful Eating Interventions are Associated with Child Emotional Eating. *Nutr Res*. 2023;111:34-43.  
<https://doi.org/10.1016/j.nutres.2022.11.001>
4. \*Ferguson CC, Jung SE, Lawrence JC, **Douglas JW**, Halli-Tierney A, Bui C, Ellis AC. A Qualitative Analysis of Experiences with Food-Related Activities Among People Living with Parkinson Disease and Their Care-Partners. *J Appl Gerontol*. 2023;42(1):131-140. Doi: 10.1177/07334648221118358. PMID: 36062816.
5. **Douglas JW**, \*Ferguson C, Nolan BA. The Feasibility and Acceptability of a Dementia Care Training Program for Registered Dietitian Nutritionists. *Gerontol Geriatr Educ*. 2023;44(2);196-210. doi: 10.1080/02701960.2022.2105841. PMID: 35916330.
6. \*Ferguson CC, Jung SE, Lawrence JC, **Douglas JW**, Halli-Tierney A, Bui C, Ellis AC. A Mixed Methods Exploration of the Impact of the COVID-19 Pandemic on Food-Related Activities and Diet Quality in People with Parkinson Disease. *Int J Environ Res Public Health*. 2022;19(18), 11741. <https://doi.org/10.3390/ijerph191811741>
7. \*Ferguson CC, **Douglas JW**. Perceptions of and Preferences for Dementia Care Training among Registered Dietitians: A Qualitative Focus Group Study. *Connections: Dietetics in Health Care Communities*. 2021;46(1);1-11.
8. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. 'If they don't like you, they are not going to eat for you': Individual and Interpersonal Factors Affecting Certified Nursing Assistants' Ability to Feed Residents with Dementia. *Gerontologist*. 2020;61(4):552-562. Doi: 10.1093/geront/gnaa145.

9. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. Organizational and Healthcare Policy Barriers to Providing Mealtime Assistance to Nursing Home Residents with Dementia: An Original Research Article. *Seniors Hous Care J*. 2020;28(1):1-12.
10. \*Stidham MW, **Douglas JW**. Nutrition Support Team Oversight and Appropriateness of PN in Hospitalized Adults: A Systematic Review. *JPEN J Parenter Enteral Nutr*. 2020;44(8):1447-1460. <https://doi.org/10.1002/jpen.1864>
11. **Douglas JW**, Lawrence JC, Turner LW, Knol LL, Ellis AC. Nutrition Provider Isolation is Related to Increased Preference for Enteral Nutrition Support in Patients with Advanced Dementia. *Nutr Clin Pract*. 2020;35(4):675-679. Doi: 10.1002/ncp.1045.
12. **Douglas JW**, Lawrence JC, Turner, LW, Knol LL, Ellis AC. Practitioner Knowledge, Personal Values, and Work Setting Influence Registered Dietitians' Feeding Tube Recommendations for Patients with Advanced Dementia. *Nutr Clin Pract*. 2020;35(4):634-641. Doi:10.1002/ncp.10255.
13. \*Rizzo S, **Douglas JW**, and Lawrence JC. Enteral Nutrition via Nasogastric Tube for Refeeding Patients with Anorexia Nervosa: A Systematic Review. *Nutr Clin Pract*. 2019;34(3):359-370. Doi: 10.1002/ncp.10187.
14. **Douglas JW**, Turner LW, Knol LL, Ellis AC, Godfrey AC, Lawrence JC. The Attitudes Toward Tube-Feeding in Advanced Dementia (ATT-FAD) Questionnaire: A Valid and Reliable Tool. *J Nutr Gerontol Geriatr*. 2018;37(3-4):183-203. Doi:10.1080/21551197.2018.1518797.
15. **Douglas JW**, Lawrence JC, Knowlden AP. The Use of Fortified Foods to Treat Malnutrition Among Older Adults: A Systematic Review. *Qual Ageing Older Adults*. 2017;18(2):104-119. <http://dx.doi.org/10.1108/QAOA-05-2016-0018>
16. **Douglas JW**, Lawrence JC, Turner LW. Social ecological perspectives of tube-feeding older adults with advanced dementia: A systematic literature review. *J Nutr Gerontol Geriatr*. 2017;36(1):1-17. <http://dx.doi.org/10.1080/21551197.2016.1277174>
17. Knol LL, Myers H, Black S, Robinson D, Awolowo Y, Clark D, Parker CL, **Douglas JW**, Higginbotham JC. Development and feasibility of a childhood obesity prevention program for rural families: an application of the Social Cognitive Theory. *Am J Health Educ*. 2016;47(4):204-214. Doi: 10.1080/19325037.2016.1179607.
18. **Douglas JW**, Lawrence JC. Environmental Considerations for Improving Nutritional Status in Older Adults with Dementia: A Narrative Review. *J Acad Nutr Diet*. 2015;115(11):1815-1831. PMID: 26233887. Doi: [10.1016/j.jand.2015.06.376](https://doi.org/10.1016/j.jand.2015.06.376).

## **PROFESSIONAL PRESENTATIONS**

**Invited Guest Speaker**, “Insights from the Experts: Promoting Meal Intake in Long-Term Care.” Presented by: **JW Douglas** at the annual meeting of the North Carolina Dietetics Association, December 2022.

**Invited Guest Speaker**, “Navigating Nutrition Decisions at the End-of-Life.” Presented by **JW Douglas** to the Saving Lives Initiative at The University of Alabama, March 2021.

**Invited Guest Speaker**, “Hand-Feeding and Dementia Care Skills Workshop for Registered Dietitians.” Presented by: **JW Douglas** at the October and November 2019 meetings of the Tuscaloosa Dietetic Association, October and November 2019.

**Invited Guest Speaker**, “The Hospital Readmissions Puzzle: Where Does Nutrition Fit?” Presented by: **JW Douglas** at the Spring 2018 Workshop of the Maryland Dietetics in Health Care Communities Dietetics Practice Group, April 2018.

**Peer-Reviewed Oral Presentation**, “Factors Associated with Registered Dietitians’ Feeding Tube Recommendations for Older Adults with Advanced Dementia.” Presented by: **JW Douglas**, The American Society for Parenteral and Enteral Nutrition, January 2018. Received Abstract of Distinction Award.

**Invited Guest Speaker**, “Reducing Hospital Readmissions: What is the Role of the RD?” Presented by: **JW Douglas** at the Nutricia of North America Continuing Education Webinar, June 2016.

**Invited Guest Speaker**, “Malnutrition and Hospital Readmissions.” Presented by: **JW Douglas** at The Annual Meeting of Nutricia North America, April 2016.

**Invited Guest Speaker**, “Feeding Tube Use in Older Adults with Dementia.” Presented by: **JW Douglas** at the Tuscaloosa Dietetic Association, January 2016.

## **PEER-REVIEWED PRESENTATIONS**

(\* Denotes student-mentored research)

### **International**

1. \*Shahan MK, **Douglas JW**, Ellis AC, Jung SE, Leaver-Dunn D, Torres-McGehee T, Wind SA, Lawrence JC. *Survey Development for Assessing Nutrition Knowledge and Attitudes of Collegiate Dance Faculty*. The International Association of Dance Medicine and Science Annual Conference, October 2022.

### **National**

2. \*Preston R, Knol LK, **Douglas JW**. *The Relationship of Diet Interventions to Quality of Life in Adults with Inflammatory Bowel Disease: A Narrative Review*. Crohn’s & Colitis Conference, January 2024.

3. \*Thaitrong P, **Douglas JW**, Knol LL, Ellis AC, Noh H, Sanchez SCA. *Improving Healthcare Regulations for Residents with Dementia: Perspectives of Registered Dietitians*. Gerontological Society of America, November 2023.
4. \*Thaitrong P, **Douglas JW**, Knol LL, Ellis AC, Noh H, Sanchez SCA. “*They’ve kind of shut that down with COVID*”: *Home-Like Environments for Residents with Dementia*. Gerontological Society of America, November 2023.
5. \*Thaitrong P, **Douglas JW**, Knol LL, Ellis AC, Noh H, Sanchez SCA. *Collaboration in Caring for Older Adults with Dementia Living in Long-term Care Facilities*. Gerontological Society of America, November 2023.
6. \*Heinrich A, **Douglas JW**, Knol LL. *Weight change in individuals in the recovery and chronic phase of traumatic brain injury and spinal cord injury: A systematic review of the literature*. Food and Nutrition Conference and Expo, October 2023.
7. \*Heinrich A, Greene LF, **Douglas JW**, Jung SE, Ellis AC. *Best Practices for Effective Preceptorship*. Food and Nutrition Conference and Expo, October 2023.
8. \*Heinrich A, **Douglas JW**, Jung SE, Greene LF, Ellis AC. *What motivates dietitians to accept the role of preceptor?* Food and Nutrition Conference and Expo, October 2023.
9. \*Heinrich A, Jung SE, Greene LF, **Douglas JW**, Ellis AC. “*It’s changed the way I teach students about needing to be flexible....*” *Challenges identified by dietetic preceptors during the COVID pandemic*. Food and Nutrition Conference and Expo, October 2023.
10. Knol LL, \*Brantley C, **Douglas JW**, Wind SA, Lawrence JC, Hernandez-Reif M. *Stress and Coping Efforts Among Caregivers of Children with Down syndrome: Application of The Transactional Model of Stress and Coping*. Association for Clinical and Translational Science, April 2023.
11. **Douglas JW**, Lawrence, JC, \*Thaitrong P, Ray-Allen M, Shirley S, Stricklin D. *Student Training for Working with Patients with Traumatic Brain Injury: An Interdisciplinary Service-Learning Project*. American Speech-Hearing-Language Association Convention, November 2022.
12. \*Brantley C, Knol LL, **Douglas JW**, Hernandez-Reif M, Lawrence JC, Wind SA. *Feeding Stressors and Available Resources for Parents of Children with Down Syndrome: A Qualitative Analysis*. Food and Nutrition Conference and Expo, October 2022.
13. **Douglas JW**, Lawrence, JC, \*Thaitrong P. *Student Confidence in Working with Patients with Traumatic Brain Injury*. Food and Nutrition Conference and Expo, October 2022.
14. **Douglas JW**, Lawrence, JC, \*Thaitrong P. *Student Training for Working with Patients with Traumatic Brain Injury: An Interdisciplinary Service-Learning Project*. Food and Nutrition Conference and Expo, October 2022.
15. \*Thaitrong P, **Douglas JW**, Mumbower RM. *Nutrition-Related Knowledge Is Needed Among Community-Dwelling Traumatic Brain Injury Survivors and their Caregivers: A Focus Group Study*. Food and Nutrition Conference and Expo, October 2022.
16. \*Thaitrong P, Knol LL, **Douglas JW**. *Eating Index (HEI) Scores are Higher among Older Adults Who Do Not Consume Frozen Meals than Frequent Consumers: A Cross-Sectional Analysis of National Health and Nutrition Examination Survey (NHANES) 2015-2018*. American Society for Nutrition, June 2022.
17. \*Ferguson CC, Jung SE, Lawrence JW, **Douglas JW**, Bui C, Ellis AC. *A Qualitative Analysis of Dietary Practices and Motivators among Older Adults Living with Parkinson Disease*. Gerontological Society of American Annual Scientific Meeting, November 2021.

18. \*Thaitrong P, **Douglas JW**, Crowe-White K. *Mealtime Support by Long-Term Care Staff and Impact on Meal Intake and Behaviors Among Adults with Dementia: A Systematic Review*. Food and Nutrition Conference and Expo, October 2021.
19. \*Thaitrong P, **Douglas JW**, Mumbower RM. *Food-Related Resources Available to Community-Dwelling Traumatic Brain Injury Survivors and their Caregivers: A Focus Group Study*. Food and Nutrition Conference and Expo, October 2021.
20. **Douglas JW**, \*Thaitrong P, Mumbower RM. *Nutrition-Related Challenges and Needs of Community-Dwelling Survivors of Traumatic Brain Injury: A Focus Group Study of the Perspectives of Caregivers*. Food and Nutrition Conference and Expo, October 2021.
21. \*Adewumi OE, Knol LL, **Douglas JW**. *Relationship between Mindful or Intuitive Eating and Gestational Weight Gain: A Systematic Review*. American Society for Nutrition, June 2021.
22. \*DiNatale J, Crowe-White K, Ellis AC, **Douglas JW**, McDonough IM, Yaffe K. *Association of Drug Burden Index with Measures of Cognitive Function among Older Adult*. American Society for Nutrition, June 2021.
23. \*Brantley C, Knol LL, **Douglas JW**. *Parental mindful eating practices and child emotional eating: A systematic review of the literature*. American Society for Nutrition, June 2021.
24. **Douglas JW**, Crowe-White KM, Ellis AC, Bui C, Voruganti S, Yaffe K. *Change in Body Mass Index is Associated with Change in Cognition in Older Adults*. Gerontological Society of America, November 2020.
25. **Douglas JW**, \*Ferguson CC, Nolan B. *Developing a Dementia Care Training Curriculum for Registered Dietitians*. Gerontological Society of America, November 2020.
26. \*Ferguson CC, **Douglas JW**, Nolan B. *The Feasibility and Acceptability of Training Dietitians to Hand Feed People Living with Dementia*. Gerontological Society of America, November 2020.
27. **Douglas JW**, \*Ferguson CC, Nolan B. *The Content and Adequacy of Dementia Care Training for Registered Dietitians: A Focus Group Study*. Food and Nutrition Conference and Expo, October 2020.
28. \*Ferguson CC, **Douglas JW**, Nolan B. *"We're Better Together": Registered Dietitians' Preferences for Continuing Professional Education Opportunities on Providing Nutritional Care to Older Adults with Dementia*. Food and Nutrition Conference and Expo, October 2020.
29. \*McGinness A, Ellis AC, Kaylor SK, Knol LL, **Douglas JW**, Lawrence JC. *Weight Loss and Religious Affiliation are Associated with the Decision to Initiate Enteral Nutrition Support in Patients with Head-and-Neck Cancer*. American Society for Enteral and Parenteral Nutrition, (March 2020- Accepted, but not presented due to COVID).
30. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. *'CNA Work is Better Learned Hands-On': Training Certified Nursing Assistants to Feed Residents with Dementia*. Gerontological Society of America, November 2019.
31. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. *Individual and Interpersonal Influencers of Mealtime Experiences: Perspectives of Nursing Assistants*. Gerontological Society of America, November 2019.
32. \*Ferguson CC, **Douglas JW**, Jung SE, Noh H, Ellis AC. *Nursing Assistants' Opinions on Creating the 'Perfect Dining Experience' for Residents with Dementia*. Gerontological Society of America, November 2019.



33. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. *Organizational & Policy Factors Influencing Feeding in Residents with Dementia: Nursing Assistants' Experiences*. Gerontological Society of America, November 2019.
34. \*Stidham MW, **Douglas JW**. *Nutrition Support Team Oversight and Appropriateness of PN in Hospitalized Patients: A Systematic Review*. Food and Nutrition Conference and Expo, October 2019.
35. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. *Feeding Nursing Home Residents: What Nursing Assistants Need from the Foodservice Department*. Food and Nutrition Conference and Expo, October 2019.
36. **Douglas JW**, Jung SE, Noh H, Ellis AC, \*Ferguson CC. *I Can Make a Difference: 'What Certified Nursing Assistants in Alabama Enjoy about Working with Older Adults.'* American Geriatrics Society, May 2019.
37. **Douglas JW** and Lawrence JC. *Does the Patient's Quality of Life Influence RDs' Recommendations for Feeding Tube Use in Dementia?* American Society for Parenteral and Enteral Nutrition, March 2019.
38. **Douglas JW**, Lawrence JC, Turner LW, Knol LL, Ellis AC. *Dietitians in Rural, Acute Care Settings Report Greater Likelihood of Recommending Feeding Tubes in Dementia*. Gerontological Society of America, November 2018.
39. **Douglas JW**, Turner LW, Knol LL, Ellis AC, Godfrey AC, Lawrence JC. *The Development and Validation of a Survey Instrument to Identify Factors Influencing Registered Dietitians' Recommendations for Feeding Tube Use Among Older Adults with Advanced Dementia*. Food and Nutrition Expo and Conference, October 2017.
40. \*Rizzo S, **Douglas J**, and Lawrence, JC. *Nasogastric nutrition for refeeding of patients with anorexia nervosa: a systematic review*. American Society for Parenteral and Enteral Nutrition, February 2017.
41. **Douglas J**, Lawrence JC, and Knowlden A. *Treating malnutrition with fortified foods: a systematic review*. American Public Health Association, October 2016.
42. **Douglas J**, and Knol LL. *Characteristics associated with hospital transfers among nursing home residents*. The American Society for Parenteral and Enteral Nutrition, January 2016. Received Poster of Distinction Award.
43. **Douglas J**, and Turner L. *Tube-feeding older adults with advanced dementia: Considerations from the Social Ecological Model*. American Public Health Association, November 2015.

## State

44. \*Brantley C, Knol LL, **Douglas JW**, Hernandez-Reif M, Lawrence JC, Wind SA. *Feeding Stressors and Available Resources for Parents of Children with Down Syndrome: A Qualitative Analysis*. South Carolina Academy of Nutrition and Dietetics, April 2022.
45. \*Brantley C, Knol LL, **Douglas JW**, Hernandez-Reif M, Lawrence JC, Wind SA. *Feeding Stressors and Available Resources for Parents of Children with Down Syndrome: A Qualitative Analysis*. Alabama Dietetic Association, March 2022.

## Local

46. \*Ford MG, **Douglas JW**, Knol LL, \*Heinrich AD, \*Sprehe EM, \*Wieringa ME. *Low Dental Care Access in Individuals with a Traumatic Brain Injury*. Rural Health Conference at The University of Alabama, April 2024.

47. \*Wieringa ME, \*Sprehe EM, **Douglas JW**, Knol LL, \*Heinrich AD, \*Ford MG. Food Insecurity Among Individuals with Traumatic Brain Injury in Alabama. *Rural Health Conference at The University of Alabama*, April 2024.
48. \*Ford MG, **Douglas JW**, Knol LL, \*Heinrich AD, \*Sprehe EM, \*Wieringa ME. Low Dental Care Access in Individuals with a Traumatic Brain Injury. *Undergraduate Research Conference at The University of Alabama*, March 2024.
49. \*Wieringa ME, \*Sprehe EM, **Douglas JW**, Knol LL, \*Heinrich AD, \*Ford MG. Food Insecurity Among Individuals with Traumatic Brain Injury in Alabama. *Undergraduate Research Conference at The University of Alabama*, March 2024.
50. \*Ford M, \*Martinez M. **Douglas JW**. *Assessing Student Preparedness in Working with Individuals with Traumatic Brain Injury*. Undergraduate Research Conference at The University of Alabama, April 2023.
51. \*Martinez M, \*Ford M, **Douglas JW**. *Assessing the Needs of Caregivers of Individuals with Traumatic Brain Injury*. Undergraduate Research Conference at The University of Alabama, April 2023.
52. \*Thaitrong P, **Douglas JW**, Mumbower RM. *Coping Strategies among Caregivers of Community-Dwelling Traumatic Brain Injury Survivors*. Behavioral Health Conference at The University of Alabama, April 2022.
53. \*Thaitrong P, **Douglas JW**, Mumbower RM. *Mental Health Challenges among Community-Dwelling Traumatic Brain Injury Survivors: Perspectives from Caregivers*. Behavioral Health Conference at The University of Alabama, April 2022.
54. \*Douglas JW, **Thaitrong P**, Mumbower RM. *Factors that Affect the Mental Health of Caregivers of Community-Dwelling Traumatic Brain Injury Survivors: Findings from a Focus Group Study*. Behavioral Health Conference at The University of Alabama, April 2022.
55. \*Thaitrong P, **Douglas JW**, Mumbower RM. *Food-Related Resources Available to Community-Dwelling Traumatic Brain Injury Survivors and their Caregivers: A Focus Group Study*. Rural Health Conference at The University of Alabama, April 2022.
56. **Douglas JW**, \*Thaitrong P, Mumbower RM. *Nutrition-Related Challenges and Needs of Community-Dwelling Survivors of Traumatic Brain Injury: A Focus Group Study of the Perspectives of Caregivers*. Rural Health Conference at The University of Alabama, April 2022.

## **TEACHING**

### **New Courses Developed**

- NHM 467 Supervised Practice in Long Term Care
- NHM 695 Interpretation of Nutrition Research

### **Courses Developed for Online Delivery**

- NHM 465 Nutrition in Medical Science II
- NHM 564 Nutrition in Interprofessional Practice
- NHM 565 Interdisciplinary Management of Chronic Disease
- NHM 567 Nutrition Support in Critical Illness

## **Courses Taught**

- NHM 346 Nutrition Education: Theories and Practice<sup>b</sup>
- NHM 363 Applied Nutrition<sup>a</sup>
- NHM 465 Medical Nutrition Therapy II<sup>ab</sup>
- NHM 366 Supervised Practice in Medical Nutrition Therapy I<sup>a</sup>
- NHM 466 Supervised Practice in Medical Nutrition Therapy II<sup>a</sup>
- NHM 467 Supervised Practice in Long Term Care<sup>a</sup>
- NHM 564 Nutrition in Interprofessional Practice<sup>ab</sup>
- NHM 565 Interdisciplinary Management of Chronic Disease<sup>ab</sup>
- NHM 566 Advanced Clinical Nutrition<sup>ab</sup>
- NHM 567 Nutrition Support in Critical Illness<sup>ab</sup>
- NHM 568 Nutrition for Older Adults<sup>b</sup>
- NHM 598 Non-Thesis Research<sup>a</sup>
- NHM 695 Interpretation of Nutrition Research<sup>a</sup>
- NHM 698 Non-Dissertation Research<sup>a</sup>
- NHM 699 Dissertation Research<sup>a</sup>

<sup>a</sup> Taught on-campus, <sup>b</sup> Taught online

## **Dissertation Committees**

Preston, R. (2024 – present). Perceived Stress, Coping Behaviors, and Diet Quality among Adults with Inflammatory Bowel Disease. Doctoral Dissertation (**Committee Member**).

Thaitrong, P. (2022 – 2023). Registered Dietitians' Perspectives on Healthcare Regulations Shaping Menu Planning and Mealtime Environment for Long-Term Care Residents with Dementia. Doctoral Dissertation (**Dissertation Chair**).

Brantley, C. (2021 – 2023). The Development and Validation of an Instrument to Assess Mindful Eating in Children with and without Down Syndrome through Parent Report. Doctoral Dissertation (**Committee Member**).

Shahan, M. (2021 – 2022). Development and Validation of a New Tool for Assessing Nutrition Knowledge, Attitudes, and Available Resources for College Dance Educators. Doctoral Dissertation (**Committee Member**).

Ferguson, C. (2020 – 2021). Dietary Interviews and Survey of Habits in Parkinson Disease: The DISH Mixed Methods Study. Doctoral Dissertation. (**Committee Member**).

## **Students Mentored**

Sprehe, Erin. (2023 – 2024). Medical Nutrition Therapy and Diet Quality among Survivors of Brain Injury. Non-Thesis Graduate Research Project.

Heinrich, A. (2021 – 2022). Investigating the Perceived Role of Dietetic Preceptors in Graduate Level Student Development. Non-Thesis Graduate Research Project.

Stidham, M. (2018 – 2020). Nutrition Support Team Oversight and Appropriateness of PN in Hospitalized Adults: A Systematic Review. Non-Thesis Graduate Research Project.

Rizzo, S. (2017 – 2019). Enteral Nutrition via Nasogastric Tube for Refeeding Patients with Anorexia Nervosa: A Systematic Review. Non-Thesis Graduate Research Project.

## **SERVICE**

### **External Committees and Appointments**

- Grant Reviewer, Academy of Nutrition and Dietetics Foundation, 2023
- Member, Health Sciences Section Workgroup, The Gerontological Society of America, 2022 - present
- Research Committee Member, The American Society for Parenteral and Enteral Nutrition, 2018 - present
- Abstract Review Committee, The American Society for Parenteral and Enteral Nutrition, 2018 – present
- Publications Review Committee, The American Society for Parenteral and Enteral Nutrition, 2018 – 2020

### **Invited Reviewer**

- Innovations in Aging, 2024 - present
- Journal of the American Medical Directors Association, 2022 – present
- Journal of Applied Gerontology, 2022 – present
- Nursing Open, 2022 – present
- Geriatric Nursing, 2021 - present
- American Journal of Hospice and Palliative Medicine, 2019 – present
- Journal of Human Nutrition and Dietetics, 2019 – present
- The Journal of the Academy of Nutrition and Dietetics, 2019 – present
- Nutrition in Clinical Practice, 2018 - present
- The American Journal of Alzheimer's Disease & Other Dementias, 2016 - present

### **Program Reviewer for National Conferences**

- The American Society for Parenteral and Enteral Nutrition, Abstract Reviewer, 2018-present
- The American Public Health Association, Abstract Reviewer, 2016
- The American Association of Health Behavior, Abstract Reviewer, 2016

### **Internal Committees and Appointments**

- Interprofessional Education Ad Hoc Committee, The University of Alabama, 2022 – 2023
- Judge, Undergraduate Research & Creative Activity Conference at The University of Alabama, 2023

- Seed Funding Committee, The Council on Community-Based Partnerships at the University of Alabama, 2022-2024
- Service Committee, College of Human Environmental Sciences, The University of Alabama, 2020 – present
- Coordinated Program Admissions Committee, The University of Alabama, 2017 - present
- Graduate Program Admissions Committee, The University of Alabama, 2017 - present
- Graduate Program Curriculum Committee, The University of Alabama 2017- present
- Undergraduate Curriculum Committee, The University of Alabama, 2017 - present

## **Community**

- Organizer, Alabama Head Injury Foundation Bright Ideas TBI Camp at The University of Alabama, 2019 – present

## **PROFESSIONAL AFFILIATIONS**

- Member, Palliative Care Research Cooperative, 2020 – 2023
- Member, Healthy Aging Dietetics Practice Group, 2018 – 2021
- Member, Research Dietetics Practice Group, 2018 – present
- Member, Nutrition and Dietetic Educators and Preceptors Dietetic Practice Group, 2019 - present
- Member, Gerontological Society of America, 2018 – present
- Member, The American Society for Parenteral and Enteral Nutrition, 2015 – present
- Member, The American Public Health Association, 2015 – 2018
- Member, Dietitians in Health Care Communities Dietetic Practice Group, 2008 – 2018, 2021 - present
- Member, The Academy of Nutrition and Dietetics, 2002 – present
- Member, The Alabama Dietetics Association, 2002 – present

## **AWARDS AND HONORS**

- **Douglas JW**, Jung SE, Noh H, Ellis AC, Ferguson CC. Organizational and Healthcare Policy Barriers to Providing Mealtime Assistance to Nursing Home Residents with Dementia: An Original Research Article. *Seniors Housing & Care Journal*. Paper of Merit, 2020.
- **Douglas JW**, Lawrence, JC. *Factors Associated with Registered Dietitians' Feeding Tube Recommendations for Older Adults with Advanced Dementia*. The American Society for Parenteral and Enteral Nutrition. Abstract of Distinction Award, 2018.
- **Douglas J**, Knol LL. *Characteristics associated with hospital transfers among nursing home residents*. The American Society for Parenteral and Enteral Nutrition. Poster of Distinction Award, 2016.
- Outstanding Dietetic Preceptor of the Year, Morrison Management Specialists Dietetic Internship Program, 2013.