## **Student Support and Affairs**

#### Fostering student development and support for holistic well-being and success.



#### Explore Student Support Services



studentsupport.mst.edu

#### Feeling stuck? Unsure where to turn?

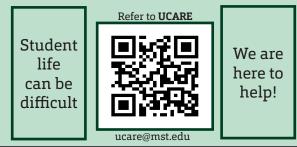
### Ways we can help:

- Help navigating the student experience
- Resource connection
- Referral services
- Coordination of care
- Absence and leave support
- Emergency Funding
- Coaching and success planning
- UCARE support

573-341-4209 studentsupport@mst.edu studentsupport.mst.edu 107 Norwod Hall

# UCARE

If you notice a student who needs help navigating their student experience, facing a challenge, or who is experiencing distress, refer them to UCARE for support





Thank you for taking an active role to support your classmates, friends, and our students at MST!