

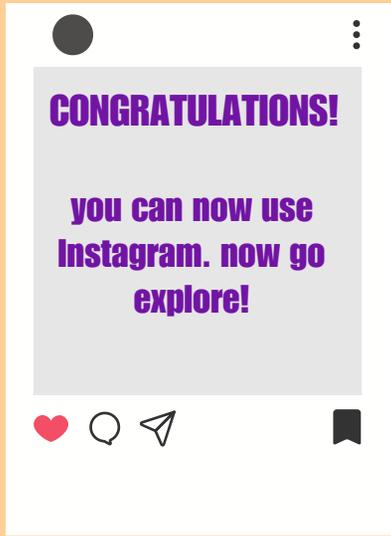
INSTAGRAM



HOW-TO

8

1



7.

Follow



3

2. Discover and Follow People

- Tap the search icon to explore posts, reels, and accounts.
- Search for friends, celebrities, or topics of interest
- Tap follow to see their posts on your home feed

1. Download the App and Sign-Up

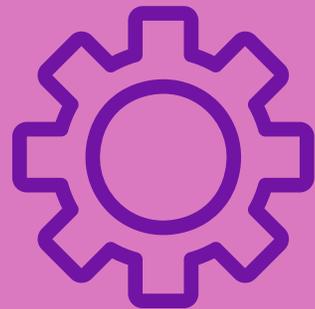
- Download Instagram from the App Store
- Open the app and sign up with an email, phone number, or Facebook
- Create a username and create a password



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3. Customize Your Profile

- Go to your profile icon
- Tap edit profile to update your bio, links, and username
- Tap settings to adjust privacy, notifications, and account security



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4. Engage with Reels & Explore Page

- Tap to explore reels
- Like, comment, or save videos you enjoy
- Use trending sounds and effects to create your own reels



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5. Message Friends with Instagram DMS



- Tap message icon in the top right corner
- Start a chat by searching for a username
- Send texts, photos, voice messages, or even video calls



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6. Post Your First Photo or Video

- Tap the plus button at the bottom
- Choose post, story, reel, or live
- Select a photo or video from your gallery or take one in-app
- Write a caption and add hashtags to help others find your post
- Tap share to post it!



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