

# MISSOURI S&T PANHELLENIC

## *Sorority Newsletter*



ISSUE #2

<https://sites.mst.edu/panhellenic/> [panhel@mst.edu](mailto:panhel@mst.edu)

The Panhellenic Council is the governing board of the three Panhellenic sororities at S&T and is comprised of members from each chapter. The council helps run the Primary Recruitment process and get more women connected with our chapters. In this issue of our summer newsletter you'll learn more about our sorority community, hear from our chapter's recruitment chairs, and get to hear about our chapters' connected sisterhoods.



### UPCOMING EVENTS

- ♥ *Vegas Night*  
August 18<sup>th</sup> 8 pm-10:30pm  
St. Pat's Ballroom
- ♥ *Make Yourself at Home*  
August 19<sup>th</sup> 8:30 pm-10:30pm  
St. Pat's Ballroom
- ♥ *Board Game Night*  
August 20<sup>th</sup> 8:30 pm-10:30pm  
St. Pat's Ballroom
- ♥ *Meet Your Rho Gamma*  
August 21st 7:30 pm-8:30pm  
Carver Turner Room
- ♥ *Primary Recruitment*  
August 22nd -August 24<sup>th</sup>
- ♥ *Bid Day!*  
August 25<sup>th</sup> 4:30pm

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# MEET YOUR RHO GAMMAS!!

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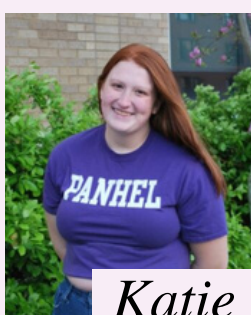
Rho Gammas, or Recruitment Counselors, are Panhellenic women who disaffiliate from their chapters during Primary Recruitment to act as guides to potential new members during Primary Recruitment!! You'll be assigned a Rho Gamma during recruitment who will help you and talk you through the recruitment process and keep you updated on what's going on. They're always there to lend a hand or be a listening ear. If you ever have an issue firing recruitment or need to talk something out, make sure you reach out to them. The rest of our recruitment team includes Riley Willaims, Assistant Recruitment - Rho Gammas, McKenna Tosh, Assistant Recruitment - Publications, and Riley McBride, VP - Recruitment!



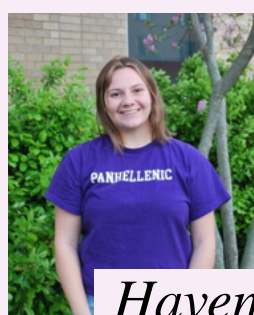
*Abbey*



*Alex*



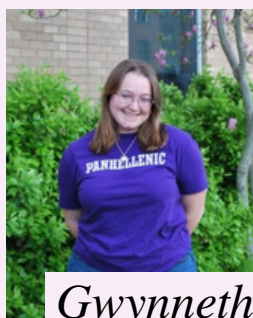
*Katie*



*Haven*



*Claire*



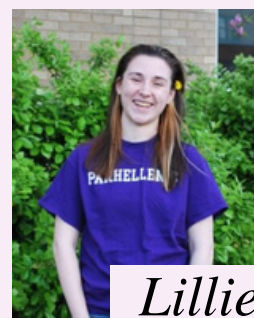
*Gwynneth*



*Delaney*



*Annelise*



*Lillie*



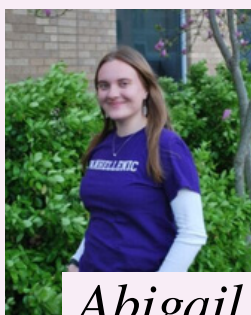
*Maura*



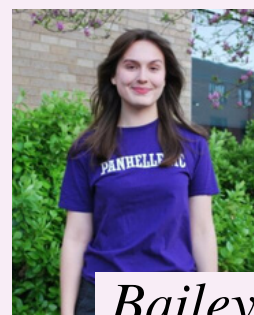
*Autumn*



*Molly*



*Abigail*



*Bailey*



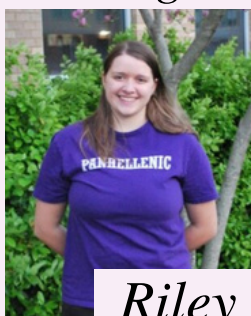
*Dakota*



*Morgan*



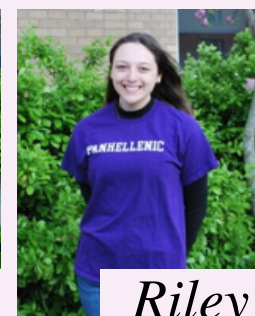
*Julia*



*Riley*



*McKenna*



*Riley*

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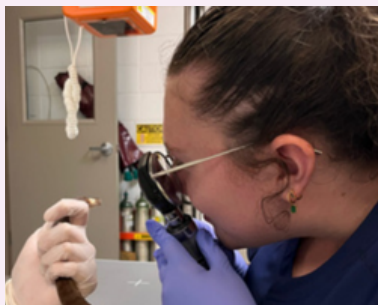
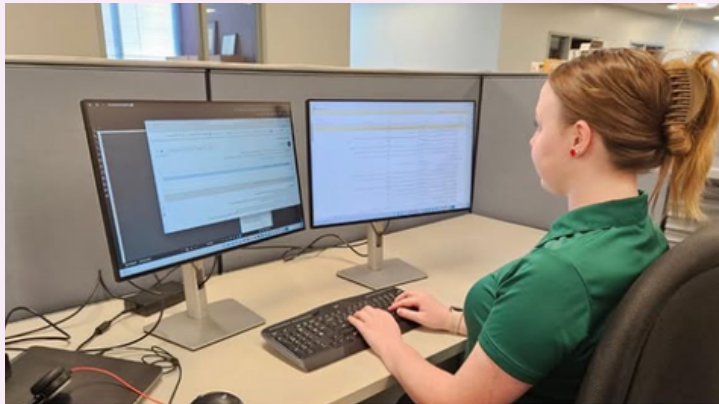
# PANHellenic

## *Community*

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### INTERNSHIPS AND LEADERSHIP

Greek life can be a powerful tool for personal and professional development. Greek life is only 25% of campus, but 43% of internships and co-ops go to Greek Life students on campus. Many organizations have established relationships with companies and offer mentorship, resume workshops, and career connections. In addition, Greek life encourages leadership through roles such as president, recruitment chair, or treasurer—giving members hands-on experience in team management, event planning, and communication. These real-world skills often translate directly to success in internships and future careers.



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# CHI OMEGA

## *Philanthropy*

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The foundation and values Chi Omega stands on is its Six Purposes. While all are equally valued, one in particular gives that extra sense of fulfillment: Service. Chi Omega's National Philanthropy is the Make-A-Wish Foundation. This partnership exemplifies Chi Omega's commitment to making a meaningful impact in the lives of children battling critical illnesses across the United States. Since the start of our alliance, Chi Omegas have significantly impacted the lives of these children through dedicated volunteering of time, talents, and financial contributions. The Make-A-Wish Foundation has recognized Chi Omega for the outstanding efforts of its members in volunteering. Over the past biennium, Chi Omegas have orchestrated and sponsored successful events and fundraising projects that have raised both financial support and public awareness of its importance. Since the beginning, Chi Omega has raised over \$35 million and donated over 1.4 million hours of service to the Foundation. Since 2002, the Chi Omega Fraternity has raised enough money for Make-A-Wish to grant over 890 wishes to children.

The Eta Kappa chapter here at Missouri S&T established what is called "Wish Week," where an entire week leading up to our major fundraisers is devoted to raising money and raising awareness about the organization. In this time, we receive support from our campus and local community to supply the necessary equipment to host. There are two major fundraising events held each year: a spring Spaghetti Dinner and a fall ChiHOP (pancake breakfast). During these events, the chapter house is open to ticket holders for unlimited servings of spaghetti and pancakes throughout the day. This is a wonderful way to bond with the Rolla community all while supporting the organization. Eta Kappa has collectively contributed over 9,000 volunteer hours and nearly \$165,000 to support the Make-A-Wish Foundation.

For many of us, Chi Omega's partnership with Make-A-Wish is deeply personal. Witnessing the smiles on children's faces when their wishes are granted is a reminder of the profound difference we can make through our collective efforts. Personally, participating in fundraising events and interacting with wish families has enriched my college experience, reinforcing the importance of empathy and community service.

Sisters never mind giving up time to help someone out. They are consistently doing community service work to make life just a little bit easier for someone else. Whether it's a Greek Service Day, our local philanthropy Presbyterian Manor, making dog toys for an animal shelter, supporting other organization's philanthropies, a blood drive, or an Engineers Without Borders trip, sisters are always willing to roll up their sleeves to help someone else and spend time with one another.



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# KAPPA DELTA

## *Philanthropy*

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Kappa Delta is one of the largest confidence-building organizations on the Missouri S&T campus. Since their founding day KD has initiated 1,066 amazing members. Kappa Delta was the first sorority founded on campus and this year, celebrates its 53rd anniversary!



Kappa Delta is built on the principles of truth, honor, and true friendship. KD's philanthropic motives include encouraging women to recognize the importance of academic excellence, service, campus involvement, and career development. Every September, they celebrate International Women's Friendship Month and host numerous confidence building events for the women on campus. Additionally, they hold a confidence week in April to boost confidence throughout the student body. Kappa Delta works every semester to promote and support their philanthropies, Prevent Child Abuse America (PCAA) and the Girl Scouts by hosting numerous events across campus.

Kappa Delta's long standing partnership with the Girl Scouts of the USA continues to thrive, with numerous events and programs designed to inspire young girls to reach their full potential. Our chapter has hosted confidence-building workshops, STEM activities, and leadership camps. These events provide Girl Scouts with the skills and encouragement they need to pursue their dreams. This past semester KD helped support the Girl Scouts by helping them sell Girl Scout cookies across campus. KD sold 483 boxes which raised \$2,898 for the Girl Scouts.

Our chapter holds a commitment to end child abuse. Kappa Delta has collectively raised thousands of dollars for Prevent Child Abuse America through various fundraisers, including bake sales, charity runs, and silent auctions. The funds raised support educational programs, research, and advocacy efforts aimed at ending child abuse and neglect. This past year KD held their annual Shamrock Week in which they raised awareness and money to support PCAA. KD hosted dogs on campus, a craft night, and their most famous event, Mac-n-Cheese with the Kaydees. They raised over \$1,500 for PCAA this past year, and 80% of the funds raised stays within the local community to help children.



# ZETA TAU ALPHA

## *Philanthropy*

Zeta Tau Alpha's national philanthropy is Breast Cancer Education and Awareness. The Eta Theta chapter fulfills the founding principles of our national Fraternity by providing support for programs that are educational, philanthropic, and leadership oriented. We promote Breast Cancer Education and Awareness by encouraging our community to Think Pink – the pink ribbon was coined by an alum of ZTA! Zeta Tau Alpha partners on a national level with several organizations in the fight against breast cancer, like the American Cancer Society, the National Football League, and Bright Pink.

In addition to these efforts, Eta Theta hosts local events year-round to keep the Rolla community engaged and educated. Each October, ZTA and our members recognize Breast Cancer Awareness Month to increase awareness about early detection and to help raise funds for this cause that is so close to every member's heart. We raise awareness on campus by hosting Pink Week, a week dedicated to spreading the word on campus and raising money to support groundbreaking research.



Members work hard to distribute the treasured Think Pink ribbons; it is difficult to find a student without one! Eta Theta hosts a variety of events throughout the week, including our Cupcakes for a Cure bake sale and “Think Pink, Think Puppies” event which allows students to interact with local puppies while learning about our philanthropy. Pink Week is rounded out by our annual “Queso for the Cure” event that offers an all-you-can-eat nacho bar!



All proceeds from our events throughout Pink Week are donated to the Zeta Foundation, who then distributes the funds to organizations across the US and provides grants to research initiatives. In 2022, the ZTA Foundation was able to give a \$500,000 grant to the Breast Cancer Research Foundation, funding a project lead by two distinguished, female MIT professors. Our members find so much joy in organizing our events, they are so fulfilling and a wonderful opportunity to give back to others.

In the spring semester, Eta Theta hosts many smaller events to support our national philanthropy. We partnered with Sigma Phi Epsilon to host a Fish Fry, and we organized a pickleball tournament with the help of Kappa Alpha Order.

We love having the opportunity to work with other Greek houses and campus organizations to support our philanthropies, many hands make light work! Our members know that the work we do impacts our communities near and far, we will always work diligently to improve the lives of those around us.



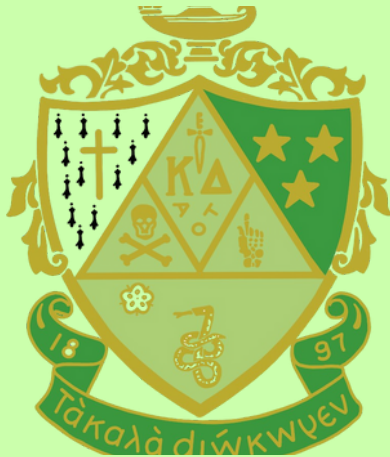
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# CHAPTER QUICK FACTS

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## CHI OMEGA

NICKNAME: CHI O  
COLORS: CARDINAL & STRAW  
FLOWER: WHITE CARNATION  
PHILANTHROPY: MAKE A WISH  
FOUNDATION  
INSTAGRAM: @MSTCHIOMEGA  
CONTACT: LNF8TP@MST.EDU



## KAPPA DELTA

NICKNAME: KD  
COLORS: OLIVE GREEN & PEARL  
WHITE  
FLOWER: WHITE ROSE  
PHILANTHROPY: PREVENT CHILD  
ABUSE AMERICA & GIRL SCOUTS OF  
AMERICA  
INSTAGRAM:  
@KAPPADELTA\_MST  
CONTACT: CMDHDB@MST.EDU

## ZETA TAU ALPHA

NICKNAME: ZTA  
COLORS: STEEL GREY & TURQUOISE  
BLUE  
FLOWER: WHITE VIOLET  
PHILANTHROPY: BREAST CANCER  
EDUCATION AND AWARENESS  
INSTAGRAM: @ZTAETHETA  
CONTACT: MGBBMQ@MST.EDU



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# MISSOURI S&T PANHELLENIC COUNCIL

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## FIND YOUR HOME AWAY FROM HOME!

## 2025

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Primary Recruitment is the formal process through which potential new members (PNMs) learn about the different sororities within the Panhellenic Community. It takes place over 3 days and includes multiple rounds where PNMs visit each chapter, meet members and participate in conversations that showcase the values, sisterhood and philanthropy of each sorority. The goal of Primary Recruitment is to match PNMs with a sorority where they feel welcomed, supported, and aligned with the chapter's mission and values.

**SIGN-UP FOR PRIMARY  
RECRUITMENT HERE!**

