

MIDDSCRUM

Welcome to the first ever MIDDSCRUM newsletter! There is so much to update you all on. We are coming off of our first win (33-7 against Castleton/NEC) and are beyond excited for the season to come. The leaves have started to turn in Vermont, and the sunset is quickly encroaching on our practice time. What better way to welcome in fall than to sit down and get updated on all the MCWRC happenings? Each and every one of you are a part of the rise in Women's rugby, and our goal in creating this newsletter is to strengthen the rugby community at Middlebury and beyond!

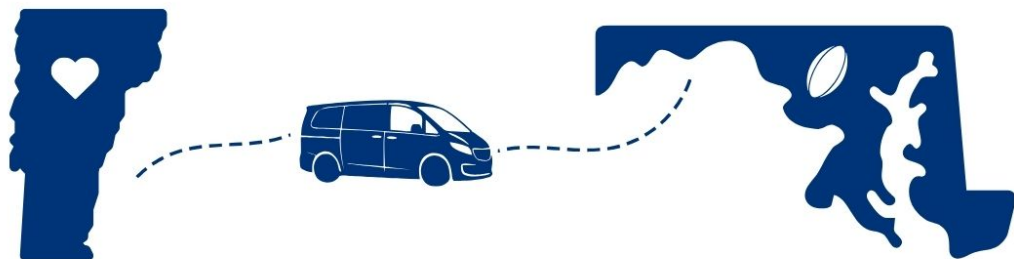
We entered preseason this fall having come off a gloriously successful spring season.

MCWRC graced Stonehill

College with our presence on April 6, 2025 to compete in the Rugby Northeast 7s

Championship. The Tournament

brought line dances, frigid rain, tears of joy, the flu for some, and well-deserved celebration for all. Middhouse reigned victorious in our final game against Colby, securing us first place in the championship and a trip to DC for Collegiate Rugby Nationals!



The road to nationals was filled with trials and tribulations, snow and sunshine, and many Proctor Dining Hall meals. We made the treacherous journey to DC by way of three rental vans driven by our lovely seniors, and spent two nights at the gracious Gincherman family's residence. At nationals, we won some games and lost others, and eventually ended up winning the D3 shield award. Between meeting Naya Tapper, watching premier league rugby, making friends with neighboring teams, and simply getting to call ourselves nationally ranked rugby players, our time in DC was full of victories. Attached is a short video documenting MCWRC's Road to Nationals, filmed and edited by Vic Perez '27.



Mills '28 & Lucy '28 with Naya Tapper at Nationals



Ainsley '27 & Chloe '28 at the club fair (2025)

The excitement from nationals has carried us through the beginning of the fall season. We recruited rookies wearing our RNE medals and holding our trophies above our heads and invitin people to see our rugby ball signed by a real live Olympian! MCWRC also put our preseason members to work stacking wood for KO's friends around Middlebury. These long wood stacking days were fueled by Glee soundtracks, delicious gingersnaps, and the goal of raising money to fund equipment for the team!

The best part of MCWRC is the close-knit, family-like bonds this team creates, and we want to expand that sense of community across generations of past and present rugby players. It is only through you, our alums and avid supporters, that we can empower future generations of rugby players.

We need you to participate in any and every way that is right to you. Any donation to the current generation of MCWRC helps get closer to making rugby financially accessible for everyone. Make sure to follow us on instagram to keep up with all our games, practices, and shenanigans (@MCWRC), and if you're ever in the area, feel free to stop by and say hi to us, Coach KO, and KO's brand new puppy Benicio!

All our love,
MCWRC

MCWRC post-win against
NEC/Castleton 9/21



MCWRC group hike @ Snake Mountain!



Our former captain (Ishaani '25) always yelled "Three deep breaths middscrums!" (hence the title of this newsletter!) Do you have any sayings your teammates used to yell on the field? Drop them in the attached google form!

If you want to support the team NOW (and get some cool merch out of it), please go look at our online team store at [Rugby Imports!](#) Merch is sold at an inflated price, and 10% of all sales is given to the team! We've got a variety of Middlebury Women's Rugby items, and new ones are on their way soon!